

# ESPEANET: MULTIDISCIPLINARY PHARMACEUTICAL CARE IN PATIENTS WITH DYSPHAGIA



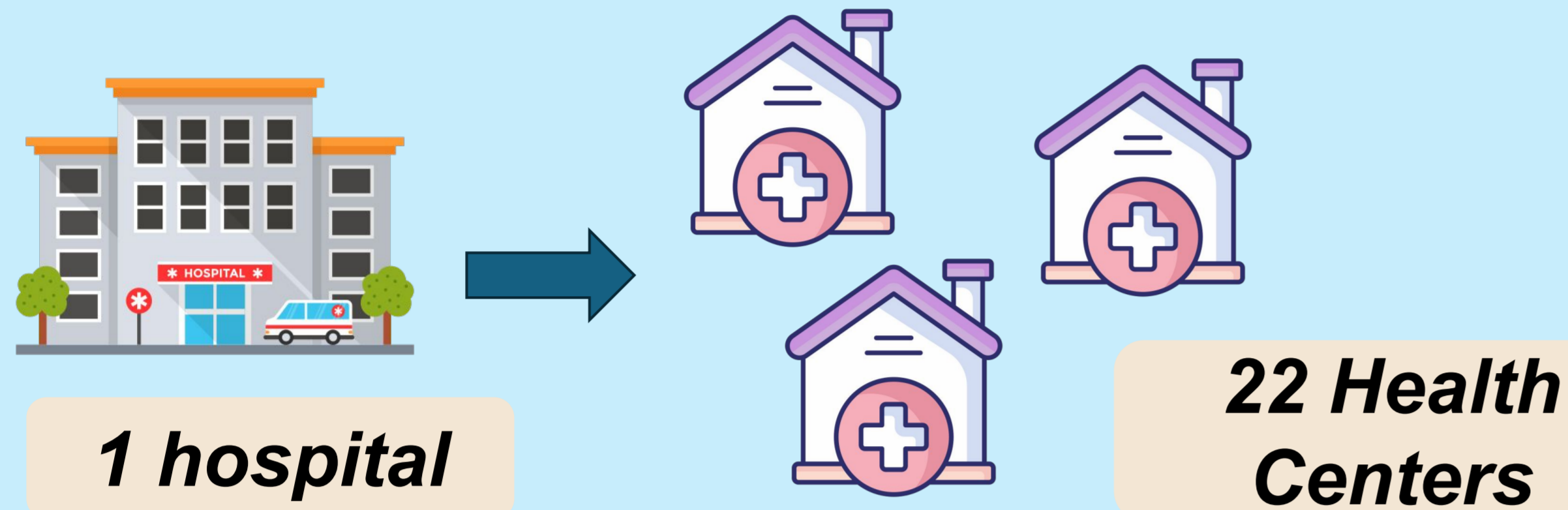
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## What was done

We implemented a dispensing circuit for thickeners: **EspesaNet**. As a result, we decentralized follow up of patients with dysphagia and dispensing of thickeners.



## Why was done

Within our healthcare area, patients regularly visit the Hospital Pharmacy Service (HPS) for nutritional assessments and thickener dispensing.

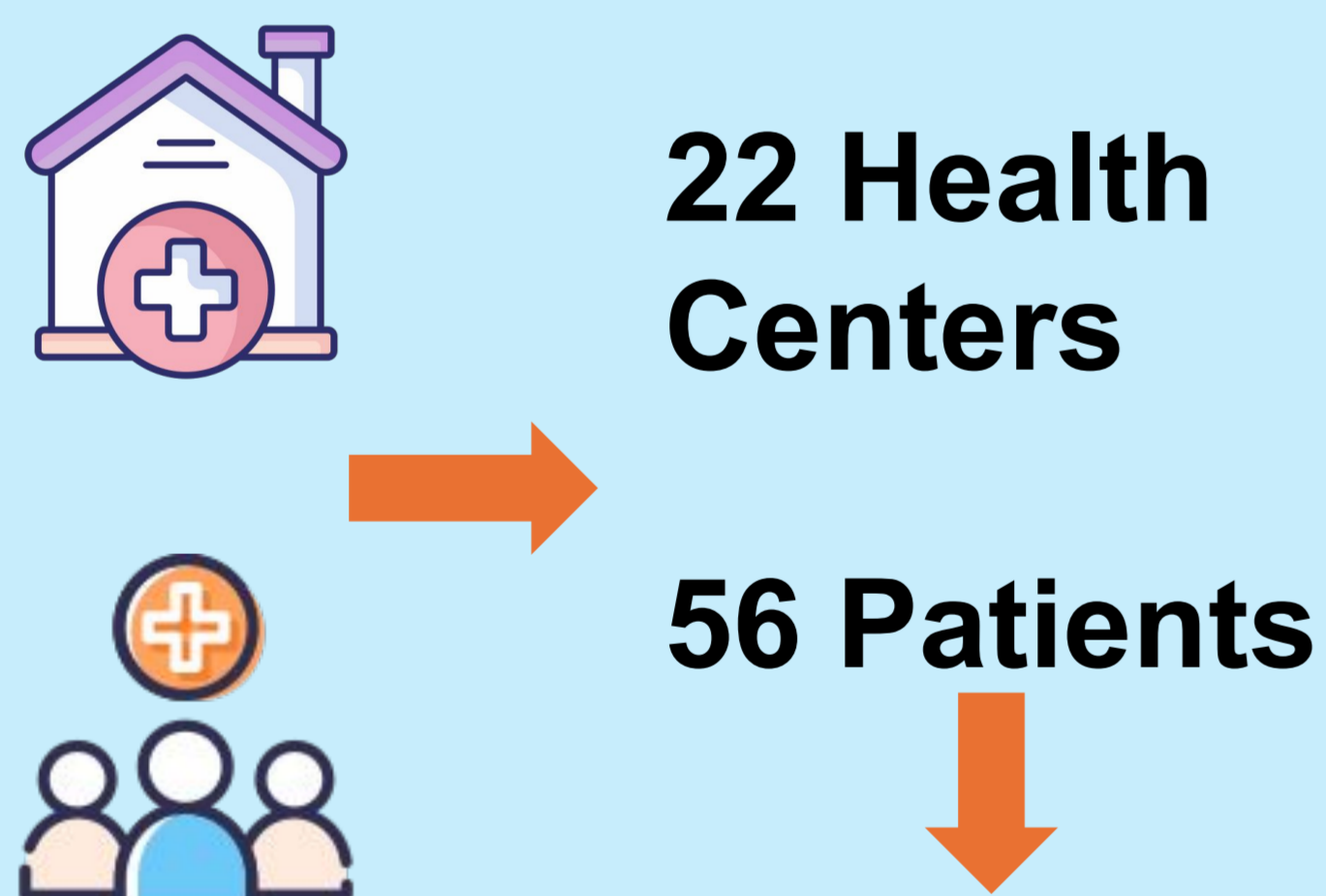
**EspesaNet** was established to reduce waiting times, facilitate dispensing at alternative care points, and enhance patients' quality of life.

## How it was done

The **EspesaNet** implementation involved:

- Formation of a multidisciplinary work team.
- Creation of a theoretical-practical training program by Hospital Pharmacy Services (three training sessions of two hours each).
- Establishment of an e-consultation communication network between Hospital Pharmacy Services and Primary Care Pharmacists (PCP).

## What was achieved

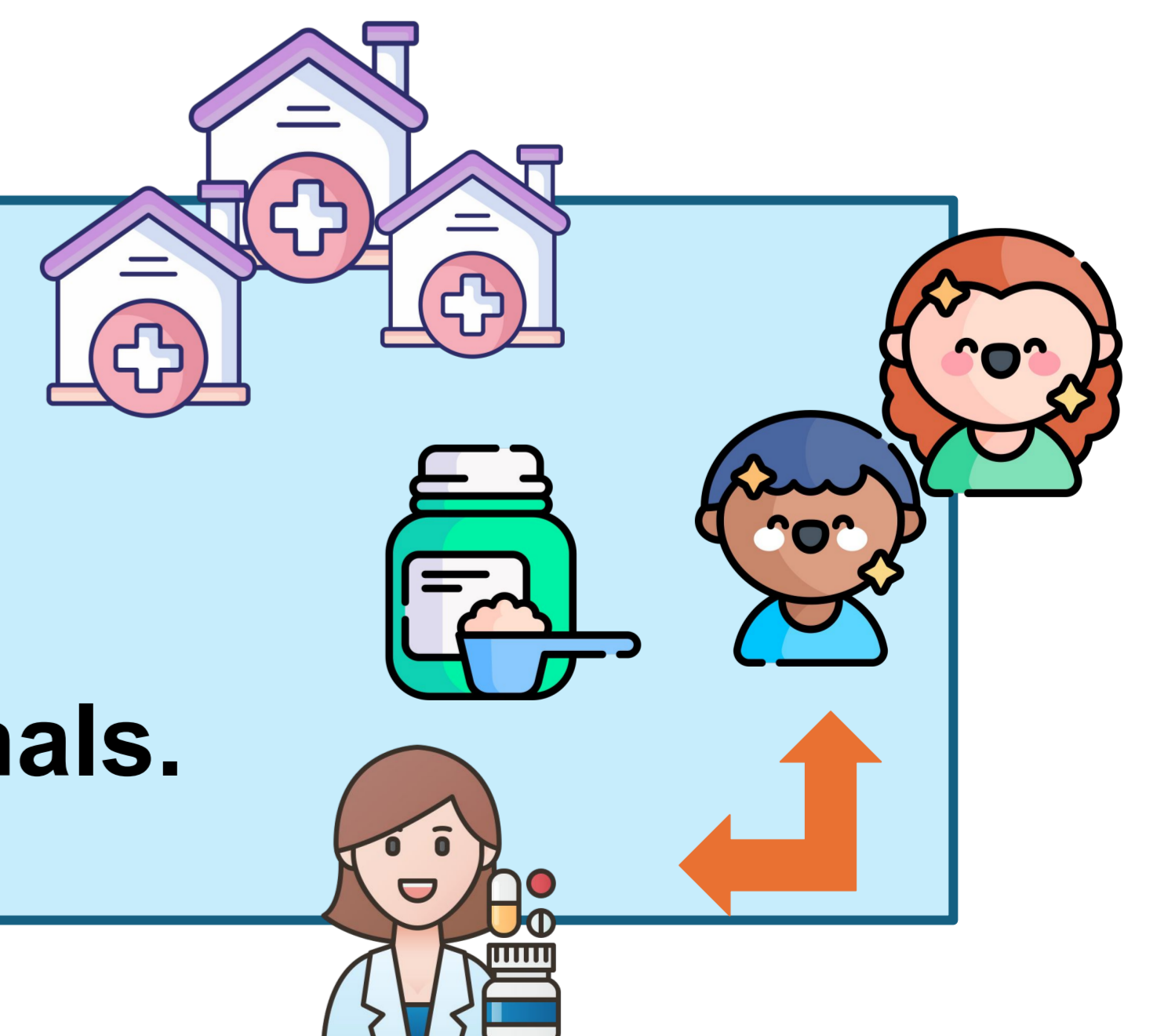


1. Initial nutritional assessment at the hospital.
2. Referral via e-Consultation to the PCP for follow up and dispensing.

- Access for all involved professionals to the electronic prescription software.
- Establishment of a remote evaluation service for immobilized patients.
- Development of standardized treatment adjustment criteria.
- Safekeeping of all patients' clinical information in a single electronic medical record.
- Completion of 56 e-Consultations.
- An estimated savings of 2400 kilometers in travel distance for a single dispensing via PCP.

## What's next

- Expanding **EspesaNet** to more health centers.
- Enhancing patient identification and follow-up.
- Facilitating thickener collection at convenient locations.
- Improving patient access to information and well-trained professionals.



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