



# TELEPHARMACOLOGICAL OUTPATIENT CLINIC

## - Development of a cross-sectional virtual polypharmacy counseling service

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### What was done?

We developed a virtual polypharmacy outpatient clinic to provide cross-sectional specialist counseling for general practitioners (GPs).

### Why was it done?

Multimorbidity and polypharmacy pose significant challenges for healthcare systems. In Denmark, GPs play a crucial role in coordinating patient care, but rely on specialist support for complex cases. The aim of this initiative was to provide easily accessible counseling on polypharmacy.

### How was it done?

The service provides virtual consultations to GPs in the Region of Southern Denmark, offering multidisciplinary counseling for patients using five or more medications. The multidisciplinary team consists of clinical pharmacists and doctors specialized in clinical pharmacology or geriatrics.

WORKFLOW



Referral



Medication review

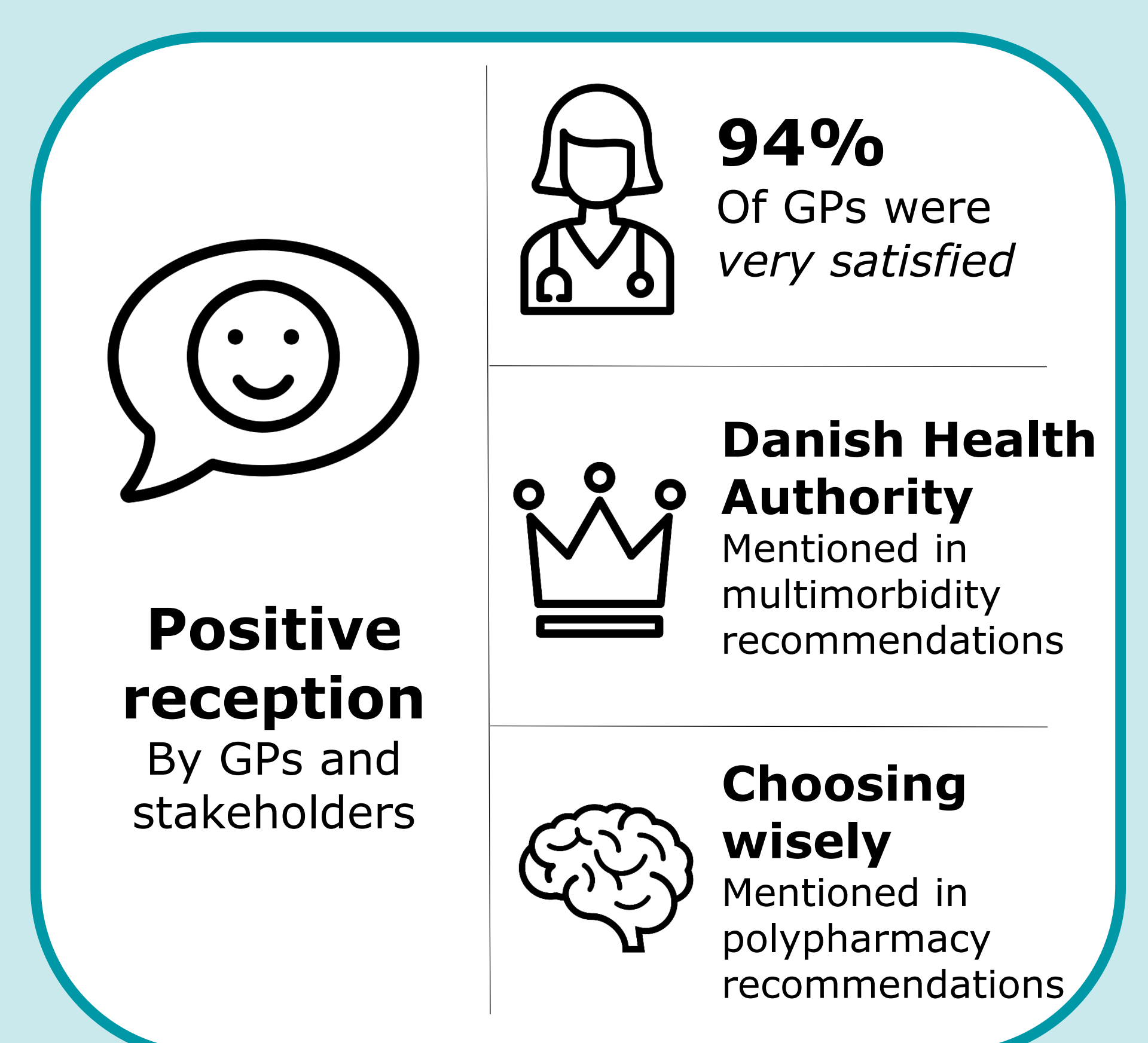
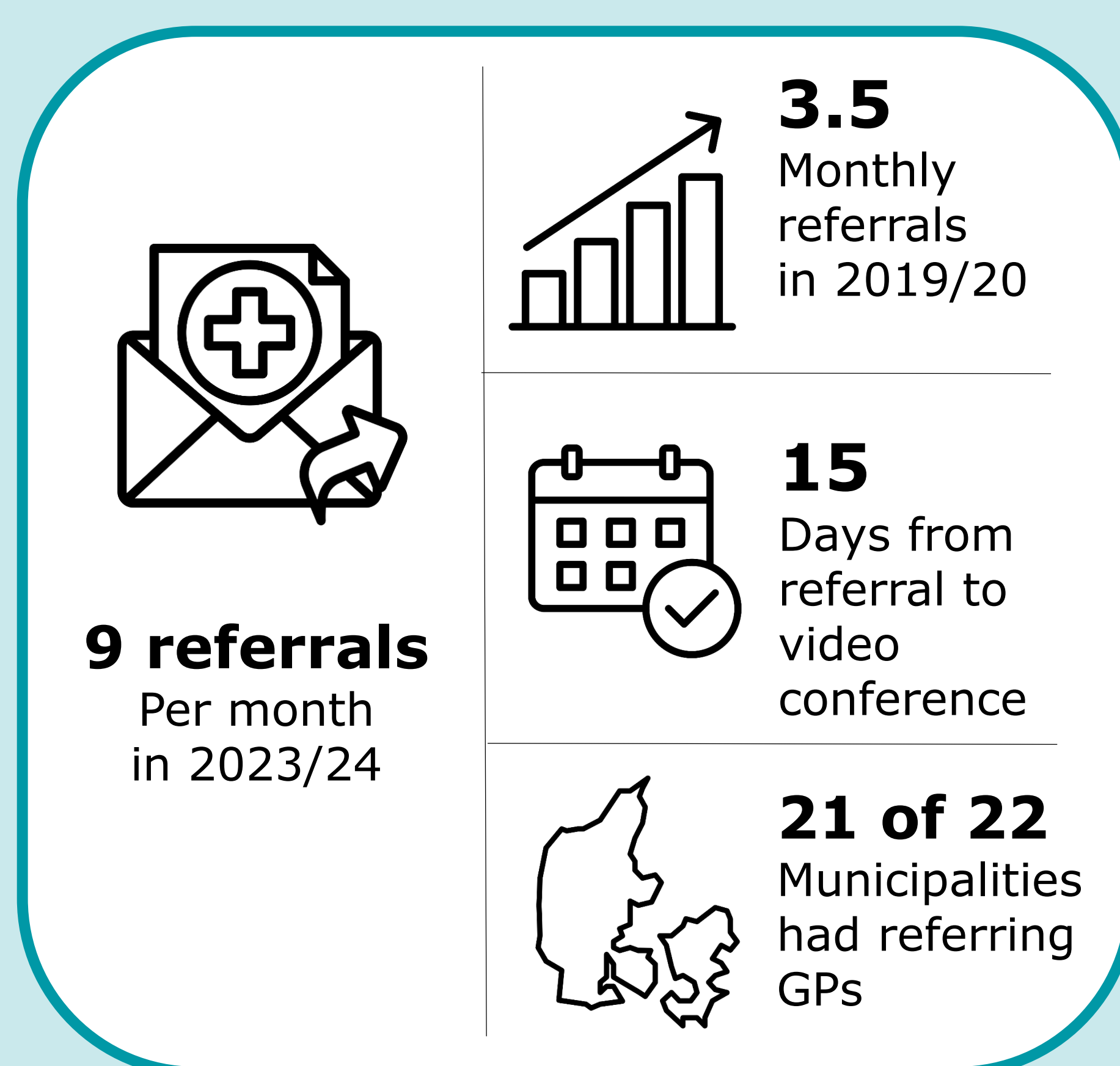
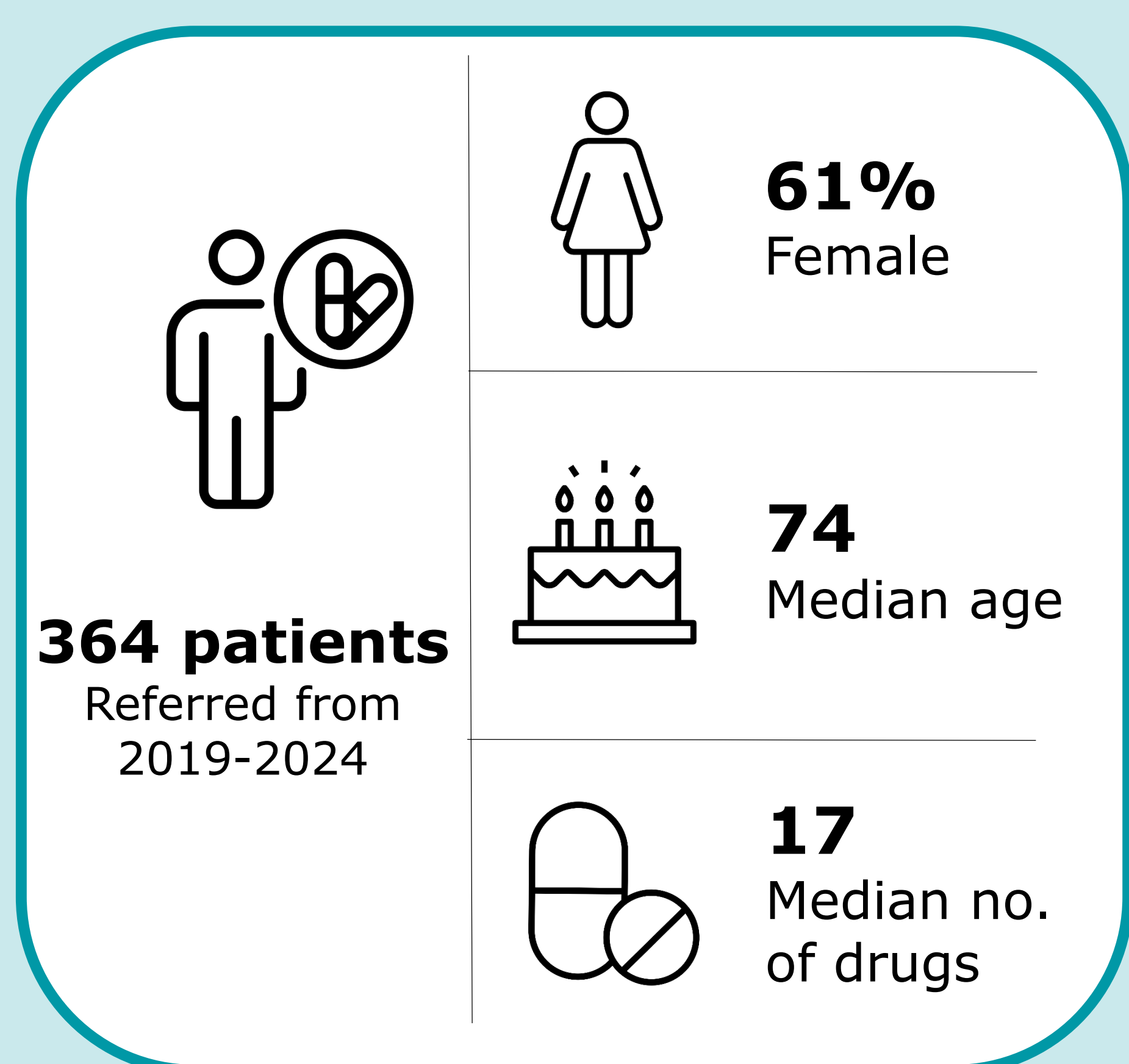


Video conference



Follow-up

### What was achieved?



### What is next?

- A paper on the development of the Telepharmacological outpatient clinic will be **published soon**
- Investigating the effects of the outpatient clinic on health outcomes
- Sharing experiences with national and international partners to disseminate and further develop the initiative. **Feel free to reach out!**



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