ASSESSMENT OF THERAPEUTIC DRUG MONITORING IN OUTPATIENT PARENTERAL ANTIMICROBIAL THERAPY IN PAEDIATRIC PATIENTS

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Background and importance

- Outpatient parenteral antimicrobial treatment (OPAT) allows intravenous antimicrobial administration at home, providing an alternative to inpatient care that benefits paediatric patients and their caregivers.
- Paediatric population has significant intra- and inter-individual variability in drug exposure and underrepresentation in clinical trials, leading to an increased drug-associated toxicity risk.
- Proactive therapeutic drug monitoring (TDM) may optimize dosages, enhancing efficacy while minimizing adverse effects.

Aim and objectives

- To determine how many OPAT episodes in paediatric patients underwent TDM out of those that could benefit from it.
- To evaluate the alteration of laboratory parameters related to antimicrobial toxicity.

Materials and methods



Retrospective single-centre study from January 2019 to December 2023.



Paediatric patients (<18 years) treated with aminoglycosides, linezolid, teicoplanin and voriconazole.

Demographic, clinical, analytical, OPAT episode outcome and TDM variables were collected.

Results



24 patients, 8 females (33,3%), mean age 11,8 years (±5,5) at the onset of the episode.



Median treatment duration: 15 days. (IQR 12,5-20,5)

243 OPAT episodes analysed, 39 (16,0%) with TDM indication.

TDM not

conducted

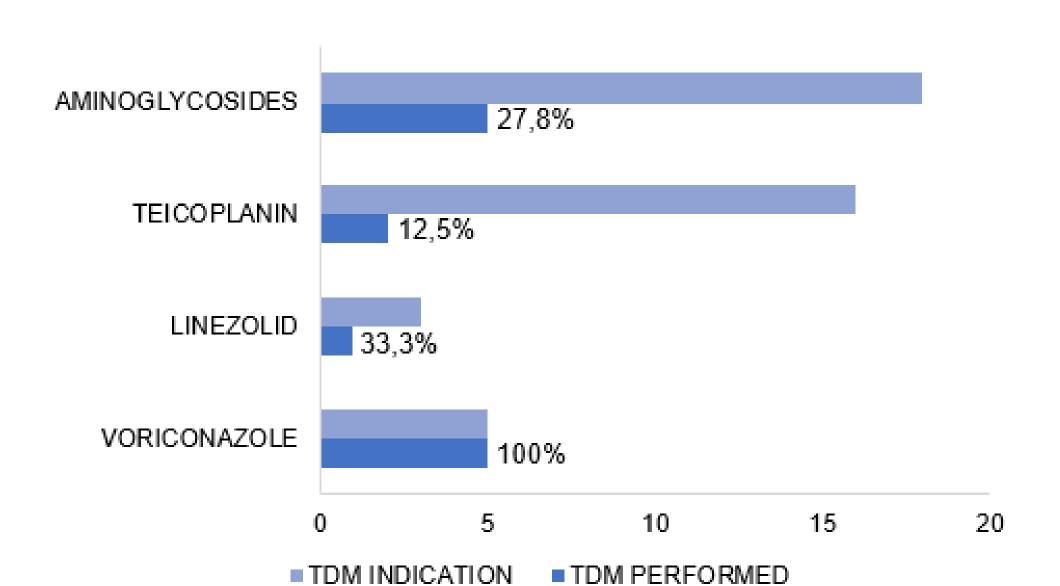
69,2%

TDM

performed

30,8%

ANTIMICROBIALS INVOLVED



DRUG-RELATED TOXICITY

Out of 26 episodes, 18 (69,2%) showed altered analytical parameters.

- **Hepatic alterations**: 3 episodes (2 treated with voriconazole, 1 with teicoplanin).
- Renal alterations: 1 episode treated with aminoglycosides.

Out of 12 episodes with TDM performed, 5 (41,7%) showed out-of-range concentration

values.

Conclusions



TDM is performed in a limited number of paediatric OPAT episodes.



TDM often reveals outof-range values and altered analytical parameters.



TDM along OPAT treaments is needed to enhance patient safety and optimize treatment efficacy.















