Study of effectiveness and safety of cytoreductive surgery associated with HIPEC in patients with peritoneal carcinomatosis.



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Background and Importance

Hyperthermic intraperitoneal chemotherapy (HIPEC) is a method of administering chemotherapy directly while heating the abdominal cavity.

Aim and Objectives

To know the efficacy and safety of cytoreductive surgery (CRS) combined with HIPEC (intraperitoneal chemotherapy) in patients with peritoneal carcinomatosis in real life in a tertiary hospital.

Touch Screen Temperature Probes Inflow Catheter Roller Pump Roller Pump Chemotherapy Catheter

Material and Methods:

- Study type:
 - > Retrospective descriptive study (March 2018 September 2024).
- Population:
 - ➤ Patients with peritoneal carcinomatosis treated with CRS + HIPEC in a tertiary hospital.
- Inclusion criteria:
 - Ovarian cancer, colorectal cancer, appendiceal pseudomyxoma.
- · Variables collected:
 - Demographic and clinical (Peritoneal Carcinomatosis Index -PCI).
 - ➤ Treatment-related variables (electronic medical record and outpatient program).
- Primary efficacy variables:
 - Progression-free survival (PFS).
 - Overall survival (OS).
- · Safety:
 - Postoperative complications.
- Data analysis: SPSS®

Results: Survival and postoperative complications	
Outcome	Value
Progression-Free Survival (PFS)	7.6 months (95% CI: 11-7- 4.03)
Overall Survival (OS)	17.62 months (95% CI: 22-1- 13.1)
Postoperative complications:	
- Abdominal wall complications	7
- Gastrointestinal complications	9
- Respiratory complications	4
- Infectious complications	4
- Other complications	8

Results: Patient Demographics and Treatment Overview	
Variable	Value
Total patients	34
Women (%)	24 (70.5%)
Median age (range)	63 years (45-76)
Diagnosis	18 colorectal, 13 ovarian, 3 appendiceal pseudomyxoma
ECOG status	ECOG 0: 14, ECOG 1: 9, ECOG 2: 2
Median PCI (range)	11 (2-24)
Metastatic status	14 with metastases (12 advanced, 1 adjuvant, 1 unknown)
Median follow-up (range)	22.7 months (0.5-76)
Lines of pre-relapse treatment (median)	1 (range: 0-2)
Lines of post-relapse treatment (median)	1 (range: 0-5)
Medications used	5-FU + oxaliplatin: 12, Mitomycin: 9, Cisplatin: 13
Progressions observed	17
Deaths observed	12
Median surgery duration	420 minutes (range: 280- 810)
Median hospital stay	15 days (range: 6-67)

Conclusions

- Although our population seems to benefit from HIPEC, indirect comparisons could not be performed because of the difference between populations, it is advisable to perform a longer follow-up and increase the sample size to compare each pathology separately.
- Most of the complications associated with HIPEC are related to the highly complex surgical procedure.

