

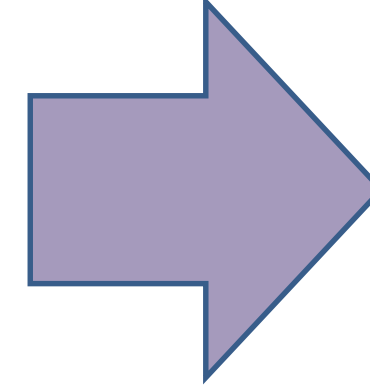
EVALUATION OF ADHERENCE AND VIRAL LOAD ACCORDING TO THE ANTIRETROVIRAL TREATMENT REGIMEN IN PATIENTS WITH HIV

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BACKGROUND AND IMPORTANCE

Optimal adherence is necessary for HIV viral suppression

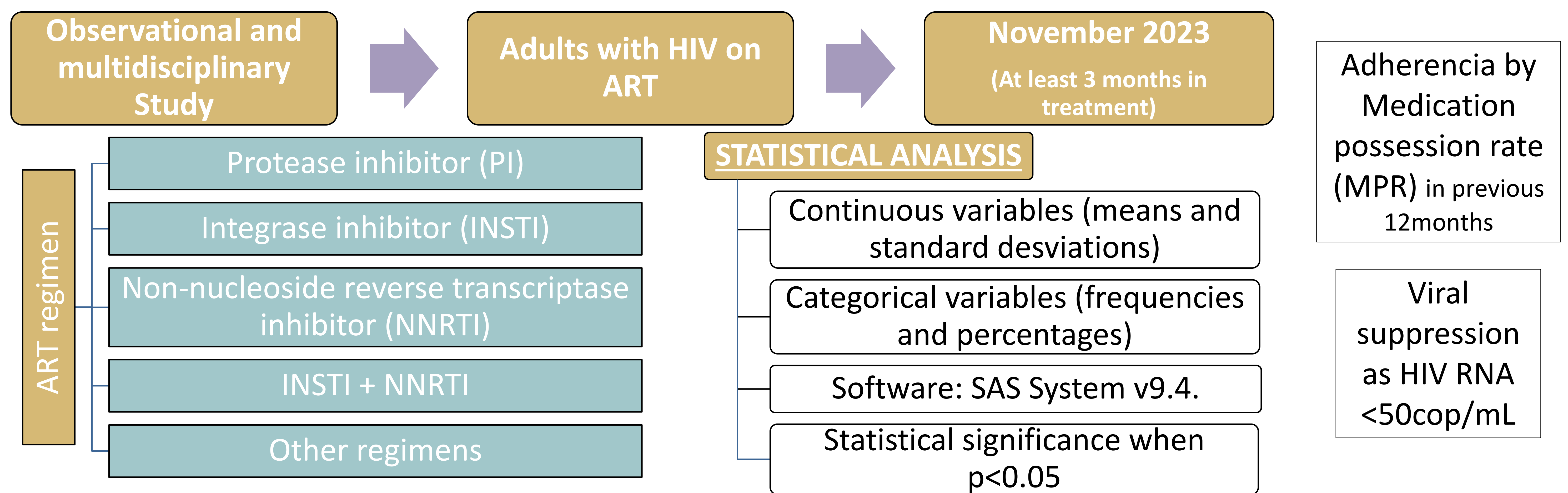


Tolerance and complexity of treatment are factors related to non-adherence

AIM AND OBJECTIVE

Determinate differences in adherence and viral suppression according to ART regimen

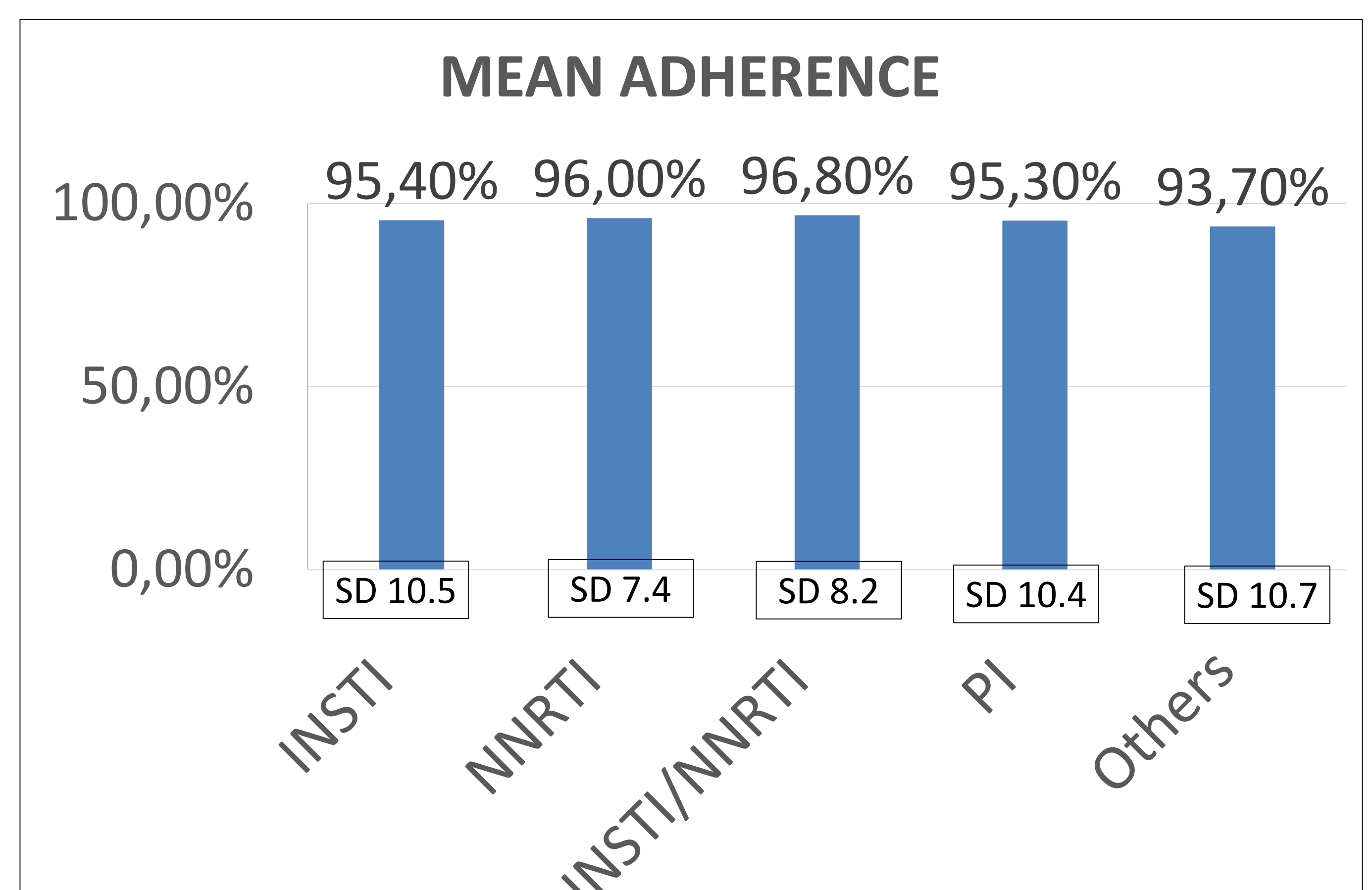
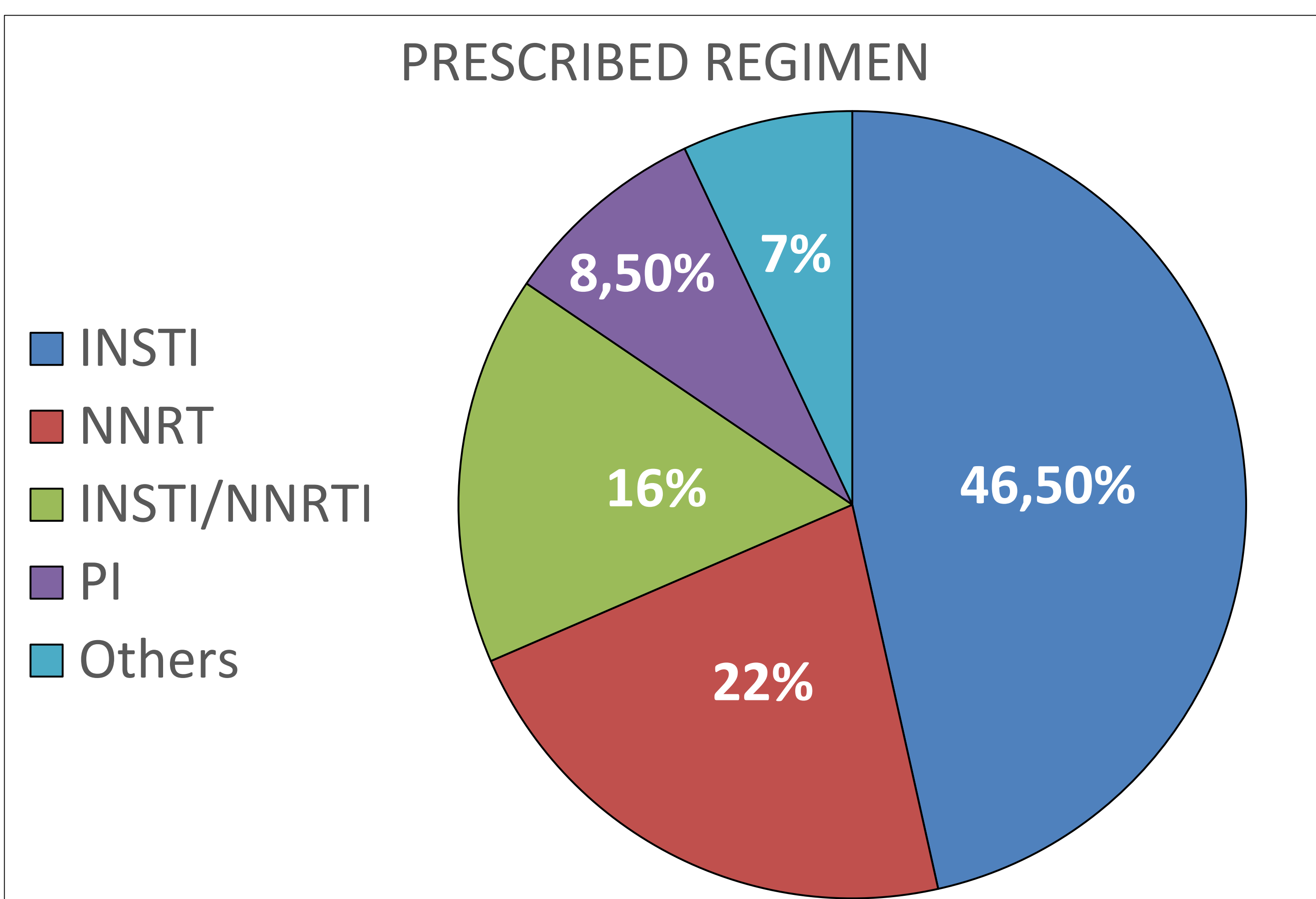
MATERIAL AND METHODS



RESULTS

574 patients → Mean age → 54,4 years old (SD 11.0) →

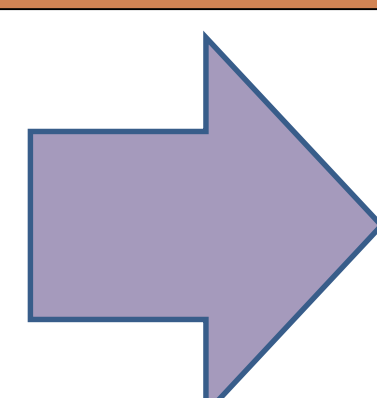
- 531 patients (92.5%) virally suppressed
- Median CD4+ 659.0 (IQR 465-872)
- Mean adherence 95.7% MPR (SD 9.6)



No differences in adherence between the treatment groups → $p < 0.235$

CONCLUSIONS

IN OUR COHORT OS STUDY



WE DID NOT DETECT ANY SIGNIFICANT DIFFERENCES IN ADHERENCE ACCORDING TO TYPE OF TREATMENT

