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# IS LINEZOLID PENETRATION IN THE MEDIASTINUM ADEQUATE?: A CASE REPORT

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# Background and importance

Mediastinitis is a relatively uncommon infection with poor antibiotic penetration due to its separation from the bloodstream. Linezolid achieves better tissue diffusion than vancomycin (mediastinum/plasma ratio = 1.32) and may be an effective treatment, though evidence on its mediastinal penetration is limited.



## Aim and objectives

To determine linezolid levels in plasma and mediastinum and confirm their correlation with existing literature.

### Material and methods

Case: 71 years female

Day	Key Clinical Event			
Day 0	Emergency visit due to foreign body sensation in the esophagus + dyspnea + chest pain. Rigid esophagoscopy: esophageal perforation in Killian's mouth. Hospitalization.			
Day +2	<b>CT scan</b> : pneumomediastinum.			
Day +4	Respiratory deterioration → CPAP.  CT scan: extensive mediastinitis + left pleural effusion. Surgical drainage performed.			
Day +6	Culture results: S. anginosus and S. merionis (multisensitive). De-escalation to Amoxicillin/Clavulanic acid.			
Day +23	CT scan: Worsening of collections. 🤼 Antibiotic switch to Meropenem + Vancomycin + Caspofungin + re-drainage.			
Day +25	<ul><li>Culture results: N. favescens and S. epidermidis.  Antibiotic change to P/T + Linezolid (600mg/12h).</li><li>Radiological and clinical improvement.</li></ul>			

#### Results

## **Evolution of Linezolid Levels**

Day	Event	Linezolid Levels (mcg/mL)	Action Taken
Day +32	Plasma levels measured (HPLC-UV)	<b>0.88</b> (subtherapeutic, target: 2-7)	Dose adjusted to 600mg/8h
Day +34	New levels measured (plasma & mediastinum)	5.06 (plasma) 7.64 (mediastinum) (mediastinum/plasma ratio = 1.51)	Current regimen maintained

#### Conclusion and relevance

These values align with ranges published in literature, confirmed by a series of cases, and demonstrate good tissue penetration of linezolid in mediastinum and pleural tissue.

