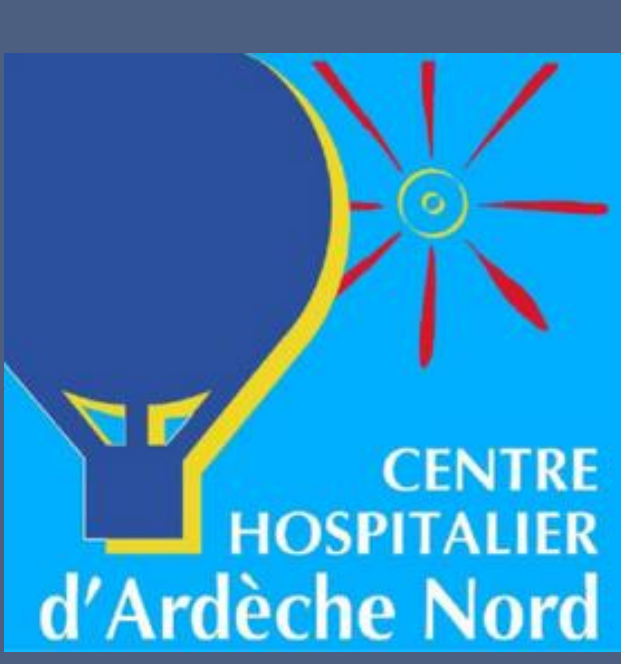


Deprescribing in older adults : Let's talk !



S Lefakoung¹, M Mostefa², S Barbieux³, S Vernardet¹, I Lefort¹

Centre Hospitalier d'Ardèche-Nord, Annonay, FRANCE :
1 : Pharmacy unit
2 : Dependent care facility for the Elderly
3 : Geriatric rehabilitation and palliative care unit

WHY WAS IT DONE ?

Institutional and multidisciplinary work has been carried out in the hospital since 2022 on reducing prescriptions of potentially inappropriate medications (PMIs) in older population (OP), in accordance with french recommendations.

WHAT WAS DONE ?

Our aim is to raise awareness among medical staff on the prescription of PMIs in OP through continuing education (CE) courses.

HOW WAS IT DONE ?

1 PMI-specialized team

- 2 geriatricians
- 1 pharmacist and 1 pharmacy resident



2 Structured medical review (MR)

Selection of discharge prescriptions based on two criterias

>75
years
old



≥1
PMI

→ Gathered in the form of clinical cases

3 Analysis of prescriptions

Reference audit grid
from the regional
drug authority



Various
reference
documents



4 First MR presentation

Joint session with doctors and residents of the establishment's various departments

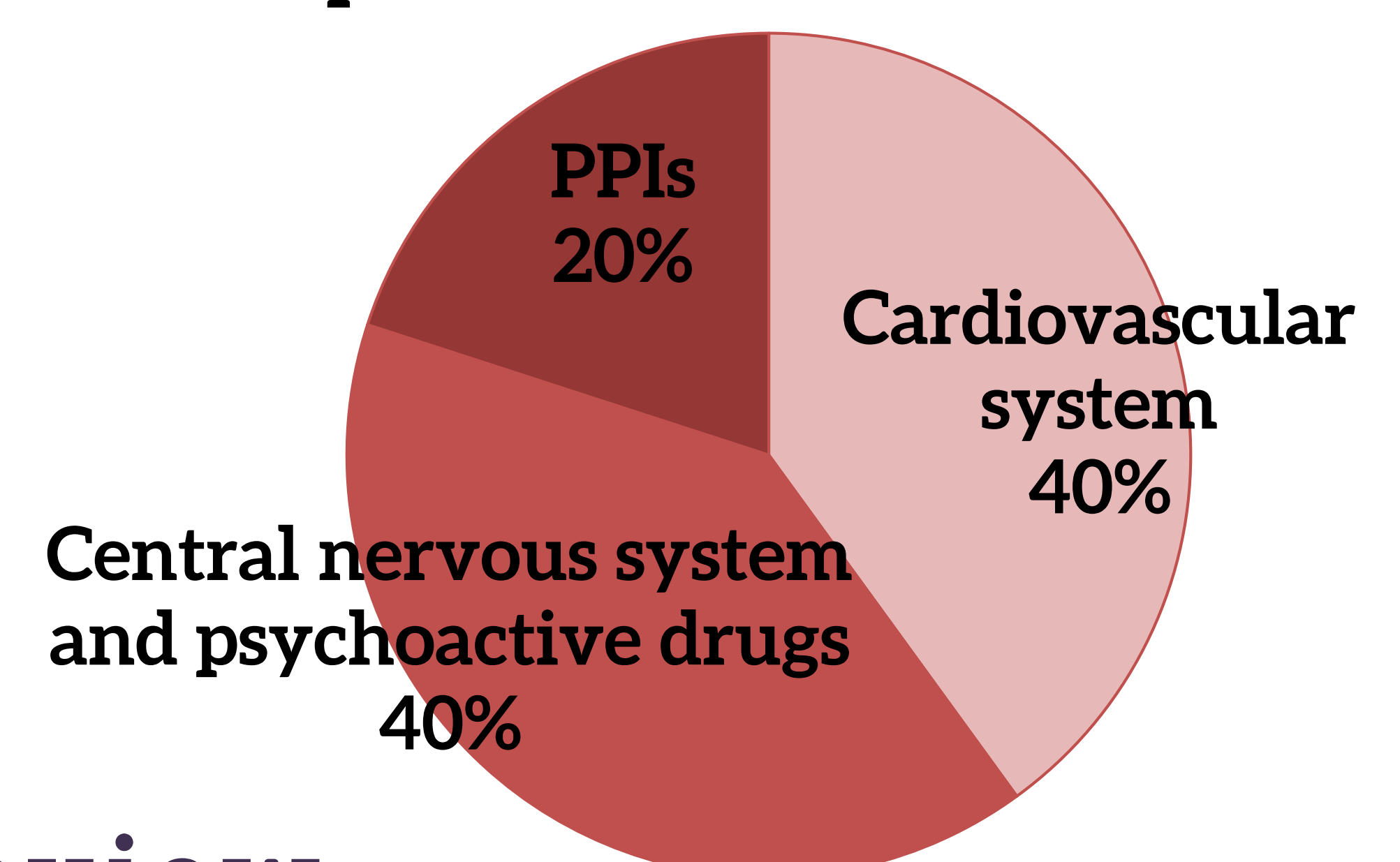
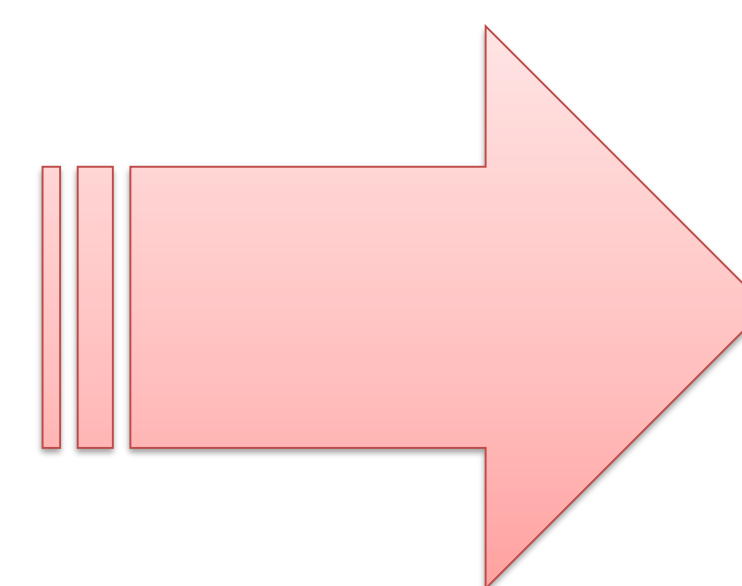
5 Creation of a satisfaction survey

Assessment of the course's relevance



WHAT HAS BEEN ACHIEVED ?

Therapeutic classes of PMIs found



Structured medication review

Analysis of each PMI with proposed therapeutic alternatives

2 main themes:
• Long-acting Benzodiazepines
• Proton pumps inhibitors

Comprehensive prescription analysis from a geriatric medical view

Exchange and feedback from participants' medical practices



Participation rate :
• 100% of the pharmacists and pharmacy residents
• 89% of the geriatricians
• 3 physicians of other departments

Satisfaction rate :
• 100% satisfied
• 44% wished for a more interactive session



WHAT NEXT ?

Even though a reflection on our approach's appeal is necessary in order to increase the participation rate of physicians and medical residents, the high satisfaction rate, the promotion of constructive and collaborative exchanges and overall usefulness of this CE among healthcare professionals pushes us to renew this training periodically.