

Tool for interdisciplinary collaboration and shared decision making

- Clinical Pharmacy Services

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What was done?:

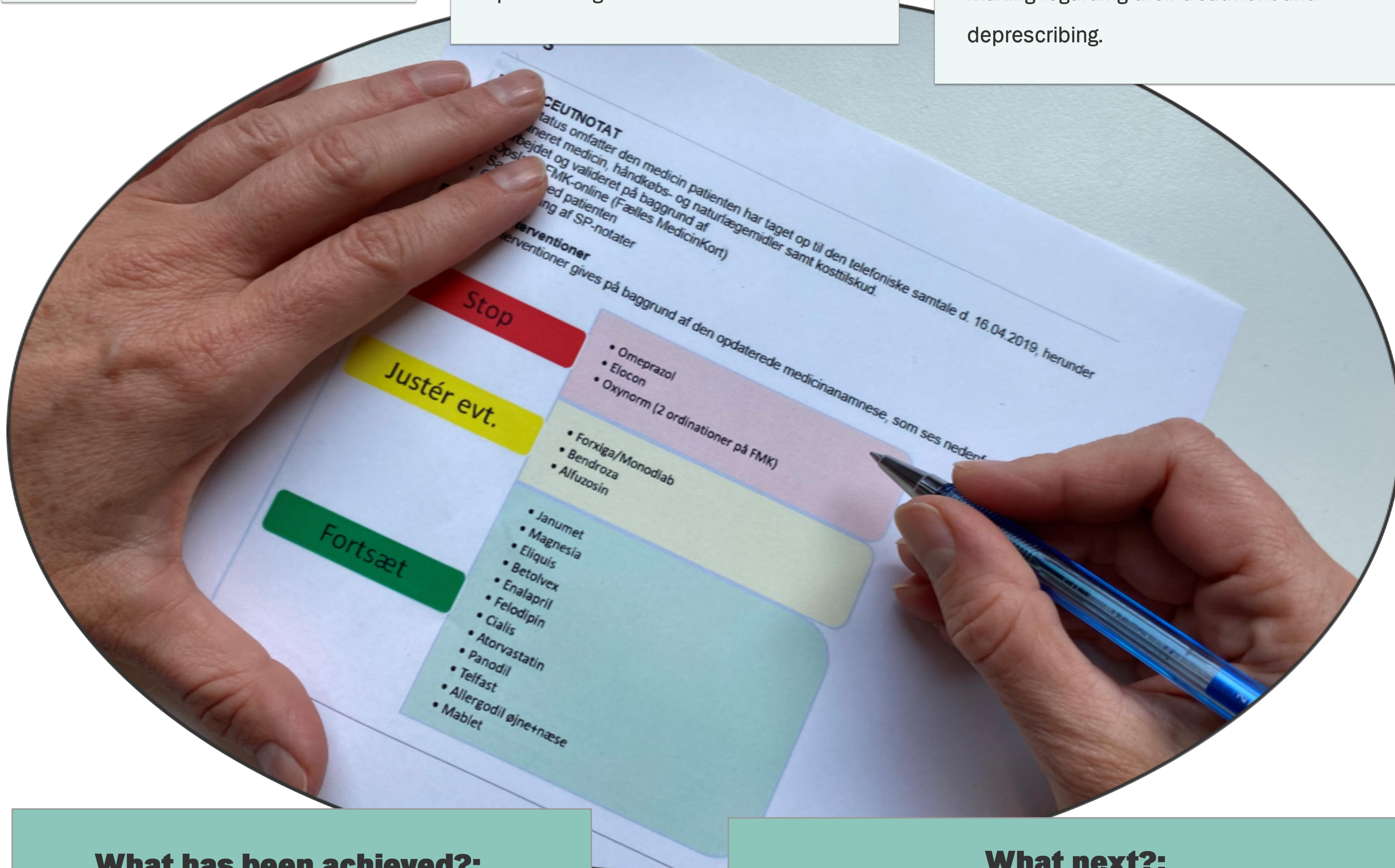
We made a tool to improve the interdisciplinary collaboration around medication reviews and to help the process of shared decision making. The tool categorizes interventions suggested by the pharmacist in red-yellow-green boxes, indicating the order of the interventions recommended by the pharmacist.

Why was it done?:

When the pharmacists make medication reviews it is often a long, detailed review with several interventions. A tool that would quickly give the physician an overview of the interventions suggested by the pharmacist was needed. Furthermore, a tool was needed in the process of shared decision making between the physician and the patient regarding the possibilities of deprescribing.

How was it done?:

The tool was developed and tested by using the Model of Improvement. The physician stated that the tool gave him the needed overview and, in his experience, furthermore added value by visualizing the interventions to the patient. Patients were interviewed after the consultation to evaluate how they perceived the tool and whether they felt involved in the decision making regarding their treatment and deprescribing.



What has been achieved?:

A manageable and operationalizable tool for the physician to get a quick overview of the interventions suggested by the pharmacist. Furthermore, the tool visualizes the interventions to the patient and supports the process of shared decision making during the consultation

What next?:

At our hospital we have clinical pharmacists making medication reviews at several different wards. Next step is spreading the tool to pharmacists at other wards to strengthen the interdisciplinary collaboration and ensure the largest profit of the pharmacist's medication reviews. Also working on developing a similar tool to categorize found side effects to help the physician when deprescribing.

