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What was done?

An integrated care model based on a smoking cessation programme was designed to assist smoking patients to quit tobacco. Pharmacy and addictology departments co-built and led the project.

Why was it done?

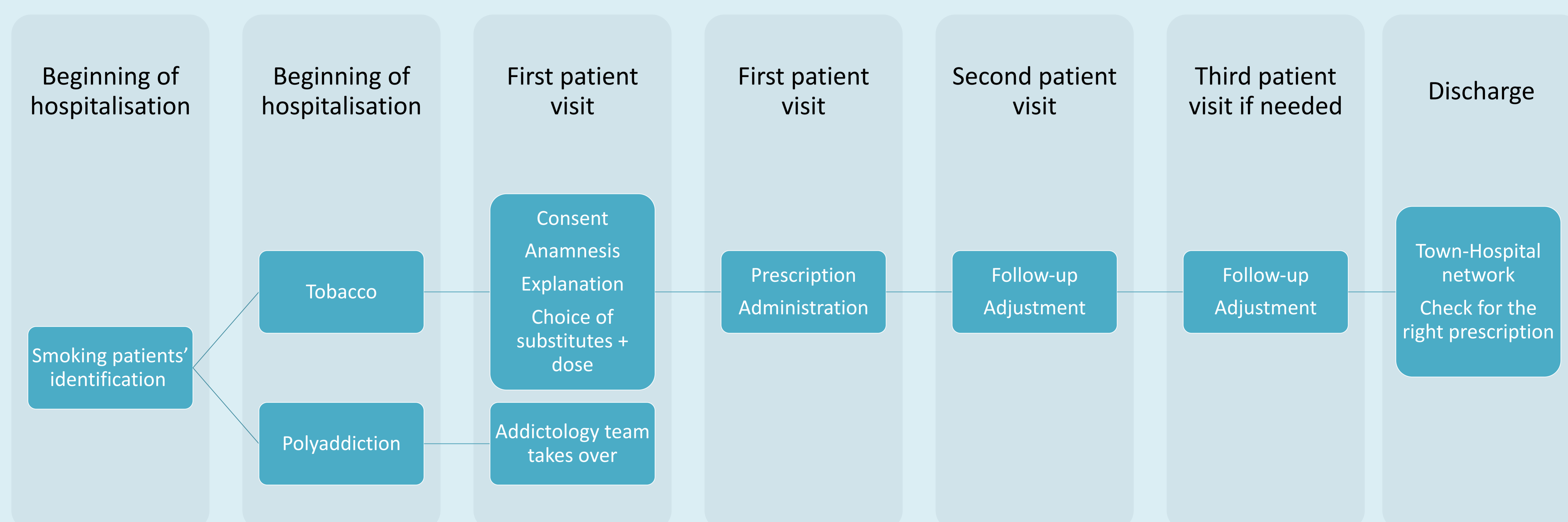
Many smoking patients are not identified as smokers when admitted at the hospital, depriving them of any help to quit smoking. During medication reconciliation at admission (MR), the pharmacist is in a position to identify smoking patients and then offer a support programme.

How it was done?

- Training of one clinical pharmacist about smoking cessation by the addictology team
- Designing process and developing tools used for the smoking cessation programme
- Implementing the programme : from May 2018 in three medical and surgical wards



Flash this code to access the different tools of the cessation programme.



What has been achieved?

During 4 months, 62 patients were identified as smokers during MR interviews.

Polyaddiction 27%	Cessation programme		Refused the cessation programme 39%
	No change 13%	Quit/Reduce smoking 21%	

What next?

A comprehensive training programme (including role-play sessions) for the pharmaceutical team was developed to carry on the programme

We decided to call the patients one week and one month after discharge to better assess the performance of our smoking cessation programme

