

Stratification of psoriasis patients according to pharmaceutical care needed using the capacity-motivation-opportunity pharmaceutical care model

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WHAT WAS DONE?

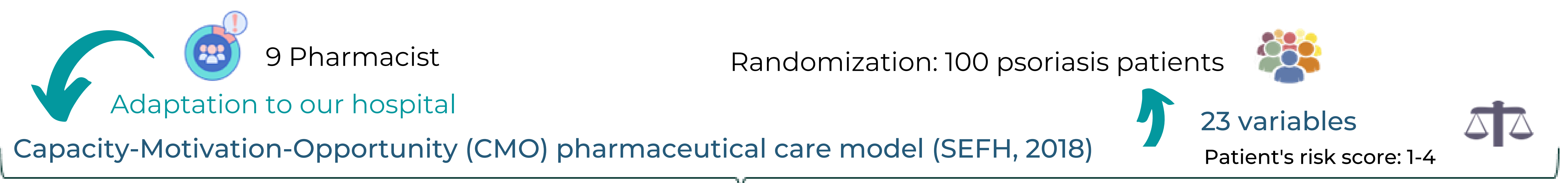
- We stratified psoriasis patients according to the pharmaceutical care needed and established their pharmaceutical care plan.
- We calculated the time needed in pharmaceutical care after stratification.

WHY WAS IT DONE?

Patients with moderate-severe psoriasis require systemic hospital-dispensed treatments. Hospital pharmacists look for actions to anticipate patients' needs for achieving health outcomes and the system's sustainability.

HOW WAS IT DONE?

Observational, prospective and cross-sectional study between march-may 2022 in a university hospital.



Classification of patients

Level 1: global score ≥ 31 points

Level 2: 18-30 points

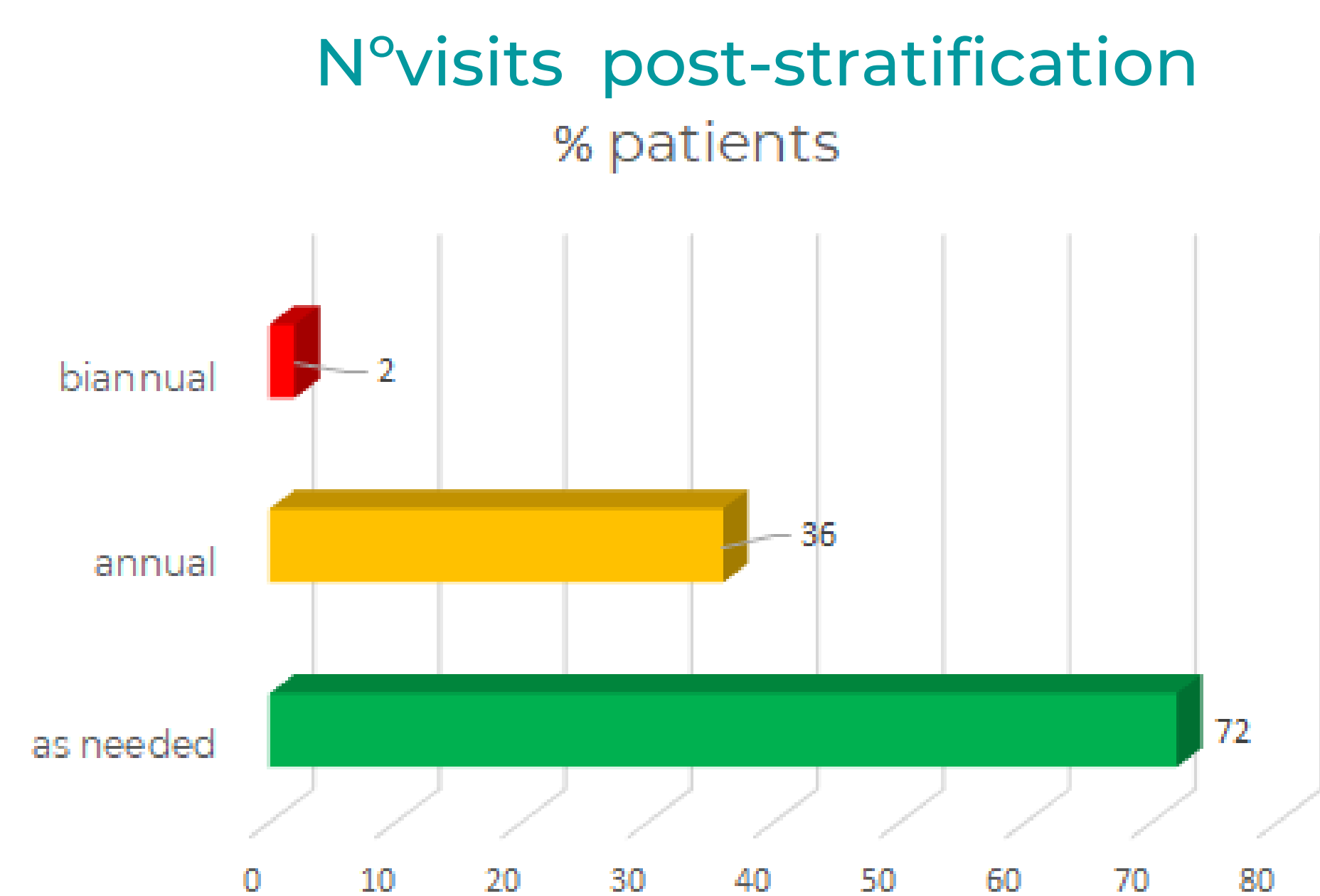
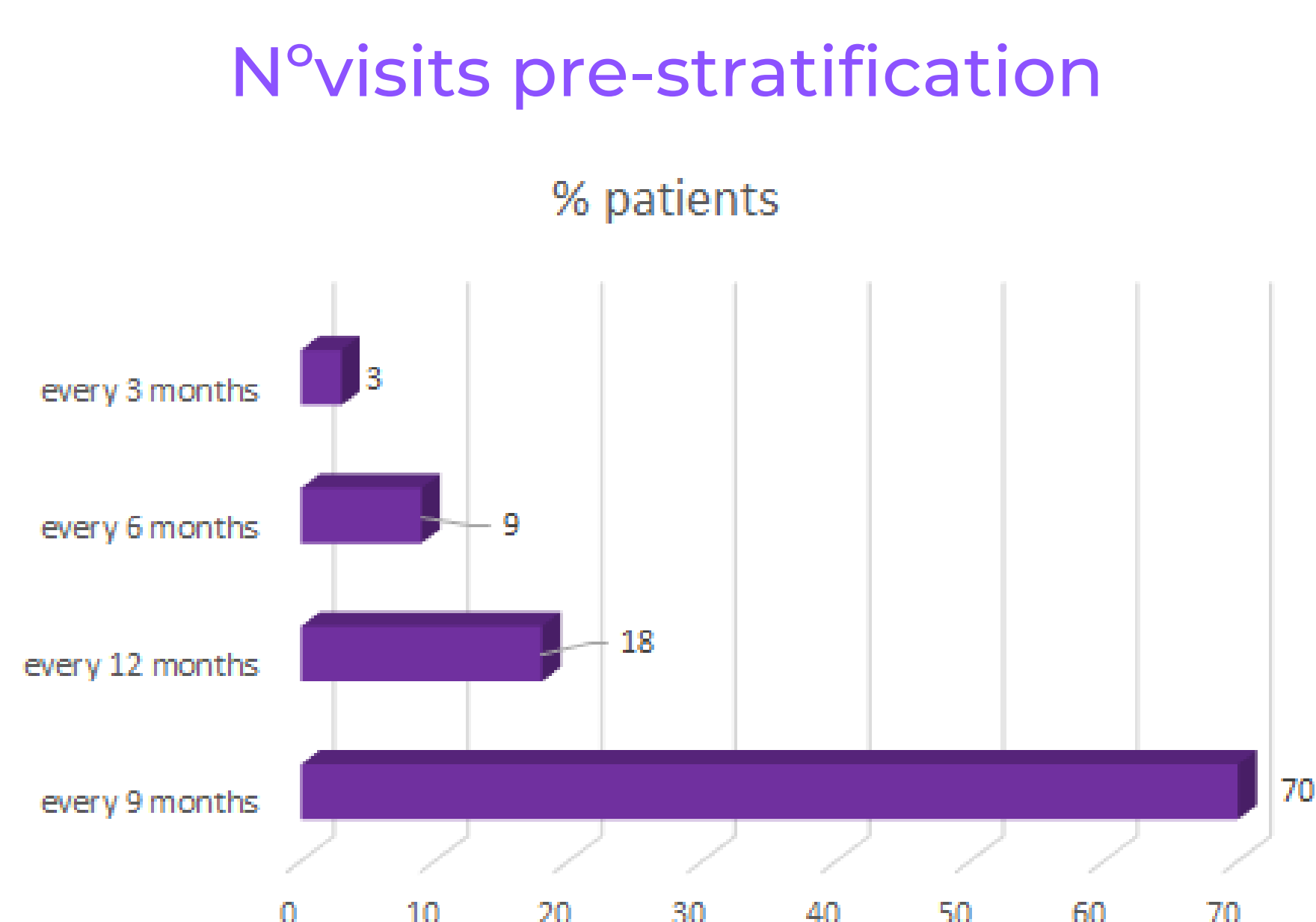
Level 3: ≤ 17 points

Total time spent in pharmaceutical care
(N° visits pre-n° visits post) x Time

The scheduled average time for each visit was 10 minutes.
 N° visits pre-stratification: sum of all the visits scheduled for the patients
 N° post-stratification: level 1 (biannual), 2 (annual), 3 (as needed)

WHAT HAS BEEN ACHIEVED?

- Most patients were stratified on level 3
- Pharmaceutical care plan has been designed to meet the needs of each patient.



- Stratification has improved the time pharmacists have to accomplish the needs of each patient



97,6 visits



16,3 h

WHAT NEXT?

- We will expand the stratification to the rest of the psoriasis patients and other outpatient pathologies.
- We will coordinate strategies with Social and Psychological Services, Primary care and Community pharmacy to improve pharmaceutical care.

