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Background

During the pharmacy days off, nurses had to prepare diluted busulfan solution from commercialized vials under a vertical laminar air flow hood, just before the administration because of its low stability (12h at 4°C). This protocol may induce occupational exposure to this cytotoxic drug.

Purpose

The aim of this work is to present a new preparation protocol and its preliminary evaluation.

Materials and Methods

- ✓ Bibliographic and technical studies were performed to choose the best medical devices.
- ✓ Satisfaction of nurses and physicians was assessed by using a 5-items form.

Results

Medical devices containing polycarbonate must be avoided because of the interaction with N'N-dimethylacetamide used as excipient in the formulation¹.

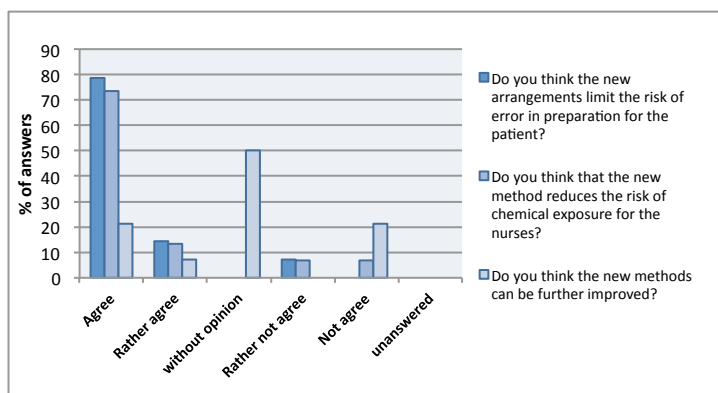
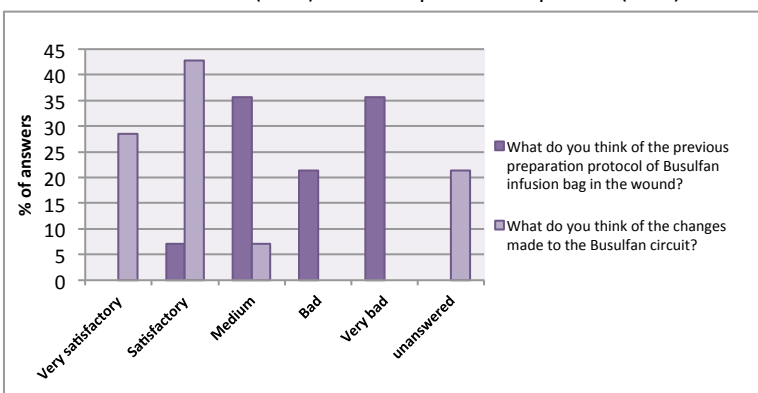
New kits/patient prepared by the pharmacy were proposed and then sent to the ward comprising:

- Specific 3-parts syringes (reference 62.8426, Codan®) containing the right drug amount of commercial solution
- An infusion bag with the exact volume of diluent
- PhaSeal Injector® (BD - Becton Dickinson & Company) are used to close syringes and Connector-Luer® are connected to the infusion bag

Then, nurses just have to dilute the busulfan solution in the bag under a vertical laminar air-flow just before the administration.



Trough a period of 8 days off, 7 new kits were prepared. The results of the evaluation show that nurses and physicians (N=14) were overall unsatisfied by the previous protocol (mean: 35.7%, bad: 21.4% and very bad: 35.7%) while the majority preferred the new one (very satisfied: 28.6%, satisfied: 42.9%, mean 7.14%, no response: 21.4%). Overall nurses and physicians answer that new modalities limit the risk of dose errors (93%) and occupational exposure (86%).



Discussion

Despite the use of 2-parts syringes in the bibliography²⁻³, 3-parts syringes with limited contact between elastomeric tip and busulfan solution were chosen because leaks were observed with the 2-parts syringes during the technical study. PhaSeal devices were specifically chosen as closed-system transfer device because they are polycarbonate-free.

The main limitation of this protocol is that a dilution step in a Biosafety Cabinet is still required to achieve the preparation. This protocol needs to be improved in the aim to deliver a ready-to-use preparation to the ward.

Conclusion

Implementing this procedure enhances improving good handling practices with good satisfaction of nurses and physicians.

References

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- 3- Karstens A, Krämer I. Stability of busulfan injection solution (Busilvex, Busulfex) in B/Braun Injekt syringes. Pharmazie. 2006 oct;61(10):845-50.