

Egües Lugea A, Aldaz Pastor A, Alzueta Isturiz N.
Clínica Universidad de Navarra, Pamplona.

BACKGROUND

- Conventional body surface area (BSA)-based dosing of 5-FU is associated with significant inter- and intra- individual variability in plasma levels of 5-FU.
- Several potential sources of pharmacokinetic variation have been proposed, including pharmacogenetic differences, organ function, disease state, circadian rhythm, and drug-specific factors like schedule of administration and interactions with other drugs and herbal medicines.
- The objective of this study is to evaluate the influence of gender and body size in 5-FU pharmacokinetics.

METHODS

- Retrospective analysis of a prospectively collected database of patients with gastrointestinal cancer receiving 5-FU-based therapy.
- Plasma concentrations of 5-FU were obtained and pharmacokinetic parameters were estimated by Bayesian methodology for individual 5-FU dose adjustment and for evaluate their relationship with gender and body size.

RESULTS

Table 1: Patients demographics.

| Sex | No | % |
|-----------------------------|--------------|-------|
| Male | 185 | 73.4% |
| Female | 45 | 24.5% |
| Age, years | | |
| mean (SD) | 62 (10.81) | |
| Weight, Kg | | |
| mean (SD) | 72.4 (14.47) | |
| Tumor location | | |
| Pancreas | 40 | 21.7% |
| Colorectal | 91 | 45.5% |
| Stomach | 35 | 19.0% |
| Others | 18 | 9.8% |
| Chemotherapy regimen | | |
| FOLFOX | 87 | 47.3% |
| FOLFIRI | 47 | 25.5% |
| FOLFOXIRI | 25 | 13.6% |
| FLOT | 25 | 13.6% |

Table 2: Individual pharmacokinetic parameters of 5-FU

| Variable | Mean | SD | Min | Max | CV(%) |
|-------------------------------|--------|-------|-------|--------|--------|
| 5-FU CL (L/h) | 179.28 | 48.48 | 85.48 | 338.49 | 27.80% |
| 5-FU CL (L*Kg/h) | 96.23 | 25.46 | 41.15 | 191.05 | 26.45% |
| 5-FU CL (L*m ² /h) | 2.47 | 0.73 | 0.96 | 5.29 | 29.69% |
| AUC (mch*h/mL) | 29.02 | 8.73 | 11.52 | 77.80 | 30.09% |
| Vd (L) | 32.67 | 6.22 | 18.47 | 50.55 | 19.04% |
| Vd (L*kg) | 0.45 | 0.06 | 0.31 | 0.68 | 13.33% |
| T _{1/2} (min) | 7.83 | 1.14 | 5.18 | 11.59 | 14.39% |

CL: clearance; AUC: area under the curve; Vd: distribution volume; SD: standard deviation; CV: variation coefficient.

Figure 1: 5-FU CL distribution.

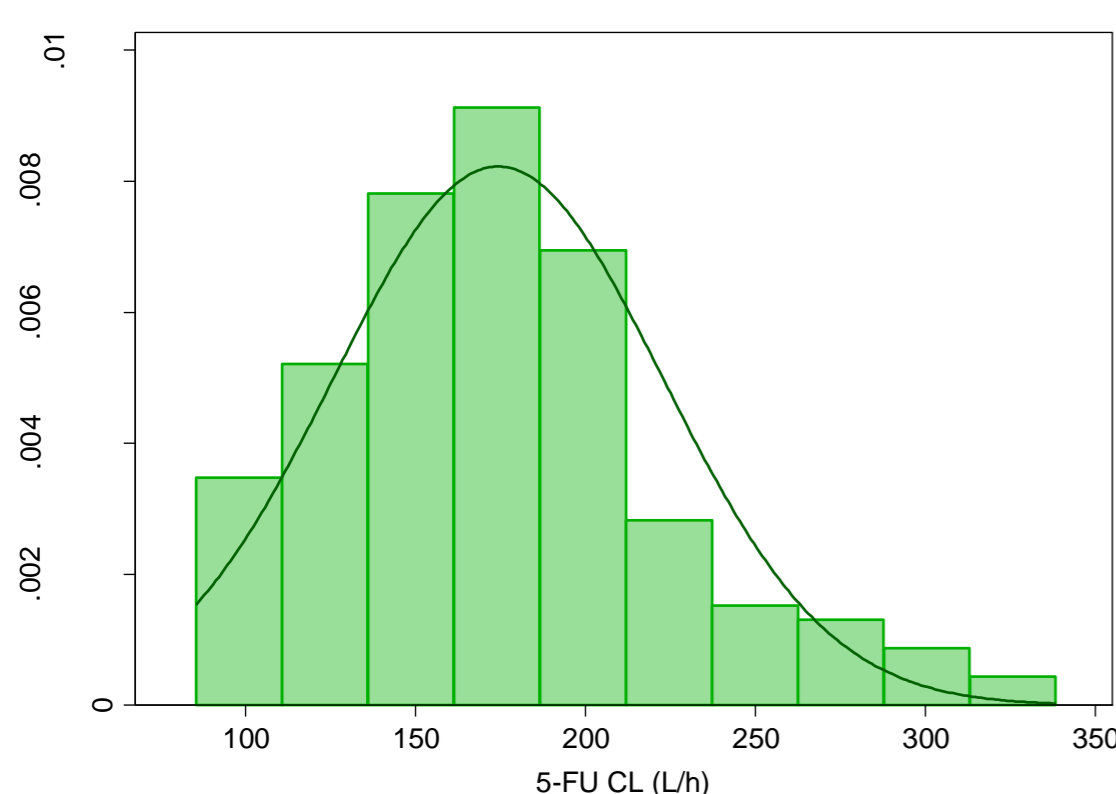


Figure 2: 5-FU CL among gender

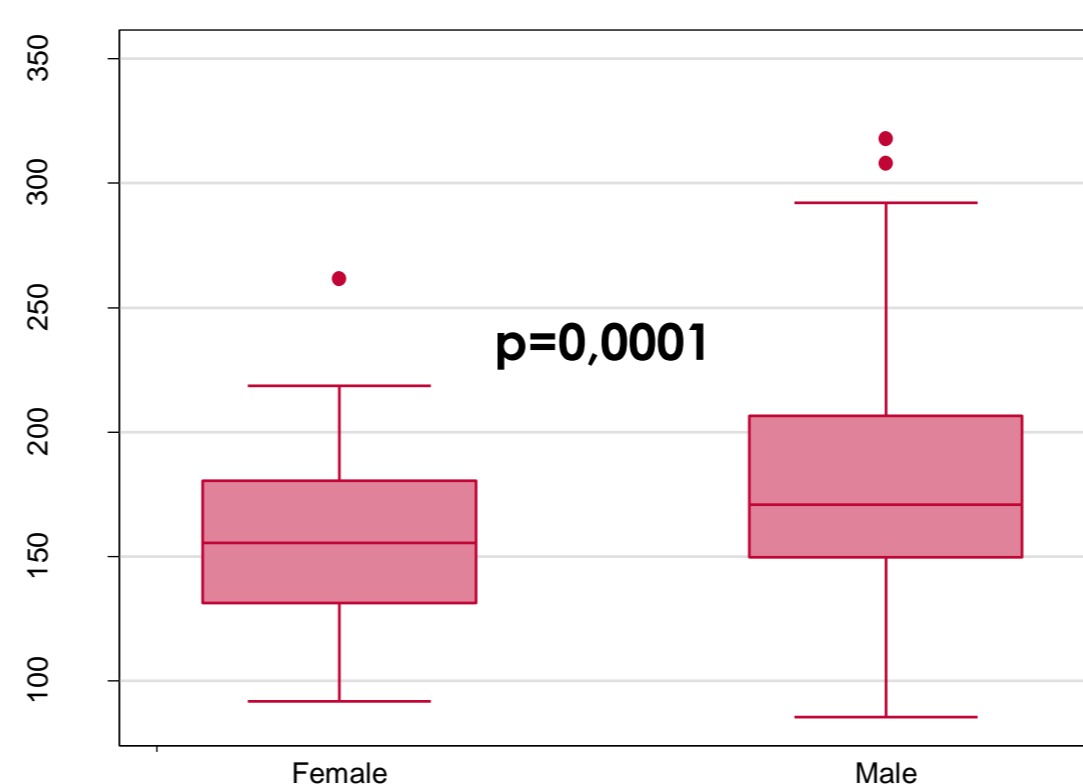
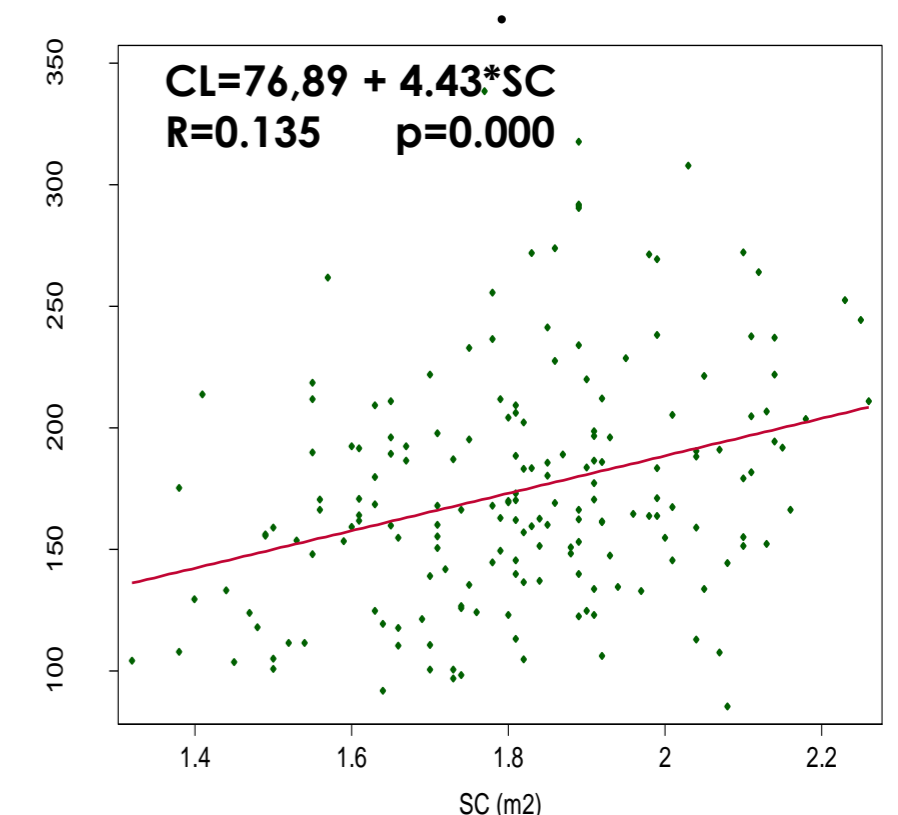


Figure 3: Relationship between 5-FU CL and body size



- Obese patients have a higher CL and Vd than leaner ones (197.3L/h and 38.6L respectively vs 177.3 L/h and 31.9L).
- By contrast we identified a subgroup (n=21) of patients with SC<1.6 and <55Kg, in which 5-FU exposure (AUC) was significantly higher due to the lower 5-FU CL (146 vs 183L/h). 76,2% of this subgroup were females

CONCLUSIONS

- 5-FU pharmacokinetics are notably influenced by body size and gender.
- There is a subgroup of patients, with especially low body size, in which 5-FU elimination is reduced.