



ADVERSE EVENTS OF PIRFENIDONE AND CAUSE OF SUSPENSION IN CLINICAL PRACTICE

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BACKGROUND

In 2011, **pirfenidone** was the **first drug** to be approved for the treatment of **idiopathic pulmonary fibrosis (IPF)** in Europe after reduced decline in percent-predicted forced vital capacity (FVC) in the two phase III trials

PURPOSE

1. Describe the **adverse events** of the patients on treatment with pirfenidone in the **pharmaceutical consultation**
2. Describe the time of regimen treatment with pirfenidone and the **cause of his suspension** if there was
3. **Compare** the results obtained with the published in the **clinical trials**

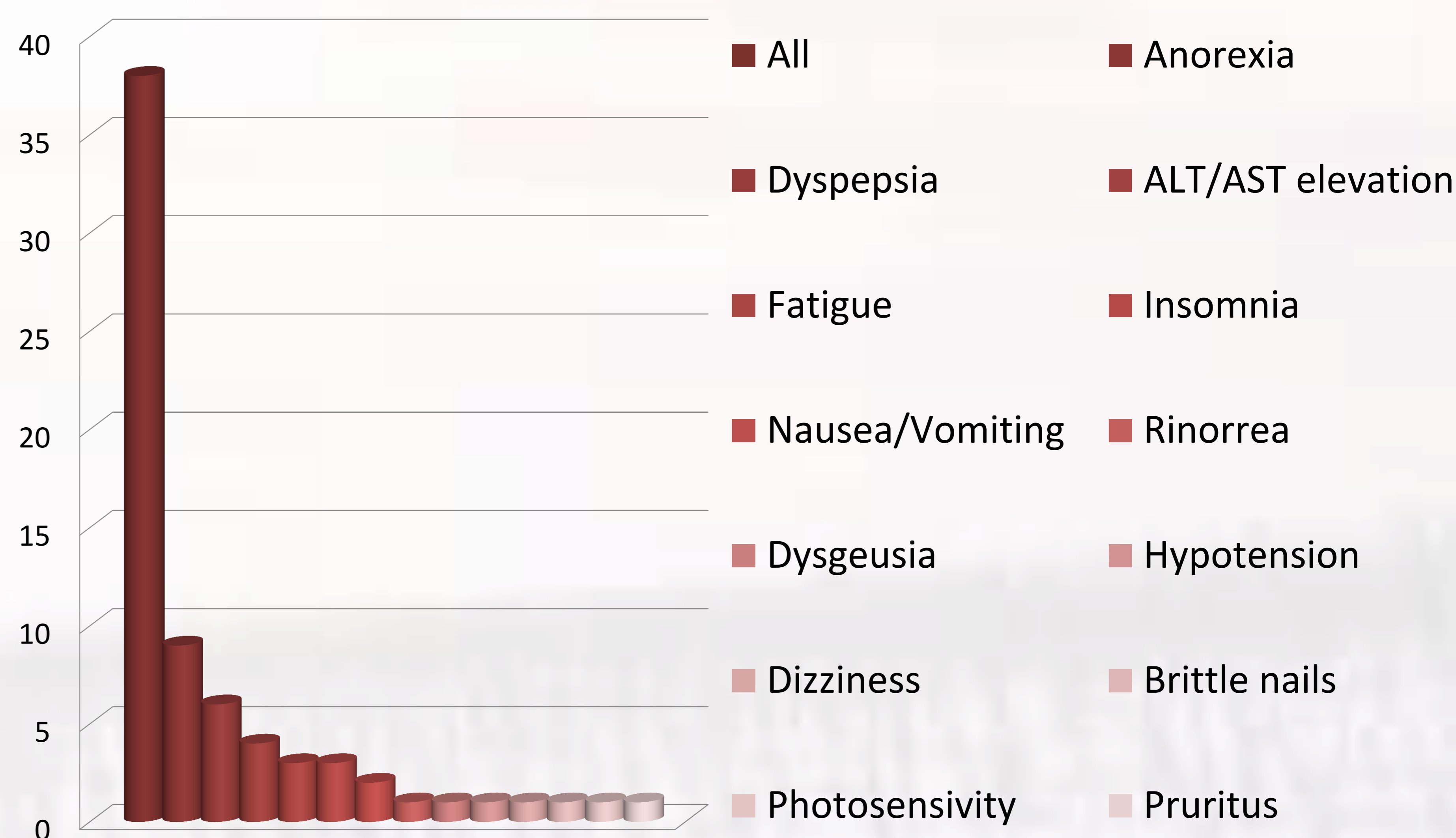
MATERIAL AND METHODS

- **Prospective**, descriptive and observational study
- Assess the **safety** and **duration** of the treatment with pirfenidone
- **Patients** on treatment with pirfenidone were eligible for the study
- **Main variable** is the **adverse events** notified by the patient during the pharmaceutical interview at the outpatient unit of pharmacy

RESULTS

- 16 patients (4 women , 12 men)
- Mean age: 72,8 years
- 38 adverse events in 12 (75%) patients
- 4 patients that did not report any adverse event
- The **most common adverse events** were **gastrointestinal disorders** (18 events)
- **5 patients (31,5%) needed to discontinued** pirfenidone due to adverse events (3 women and 2 men)
- Mean duration patients stop drug: **103,4 days**
- **Reasons to discontinue:**
 - Gastrointestinal disorders (60%)
 - AST elevation (20%)
 - Asthenia (20%)

Pirfenidone Adverse Reactions



CONCLUSIONS

Adverse reactions found in our study are similar to those of clinical trials

Women have less tolerance to pirfenidone and need lower dose in maintenance treatment

There is a significant percentage of dropouts due to adverse events