





# **ANTIRETROVIRAL THERAPY IN PSITAR HIV COHORT**

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### BACKGROUND

Treatment modifications within the first year were extremely important. The first Highly active antiretroviral therapy (HAART) regimen should remain years. First regimen toxicity can have a negative impact on adherence and virologic efficacy

### OBJECTIVES

To establish the main reason for discontinuing antiretroviral treatment within the first year in a HIV cohort.

## STUDY DESIGN

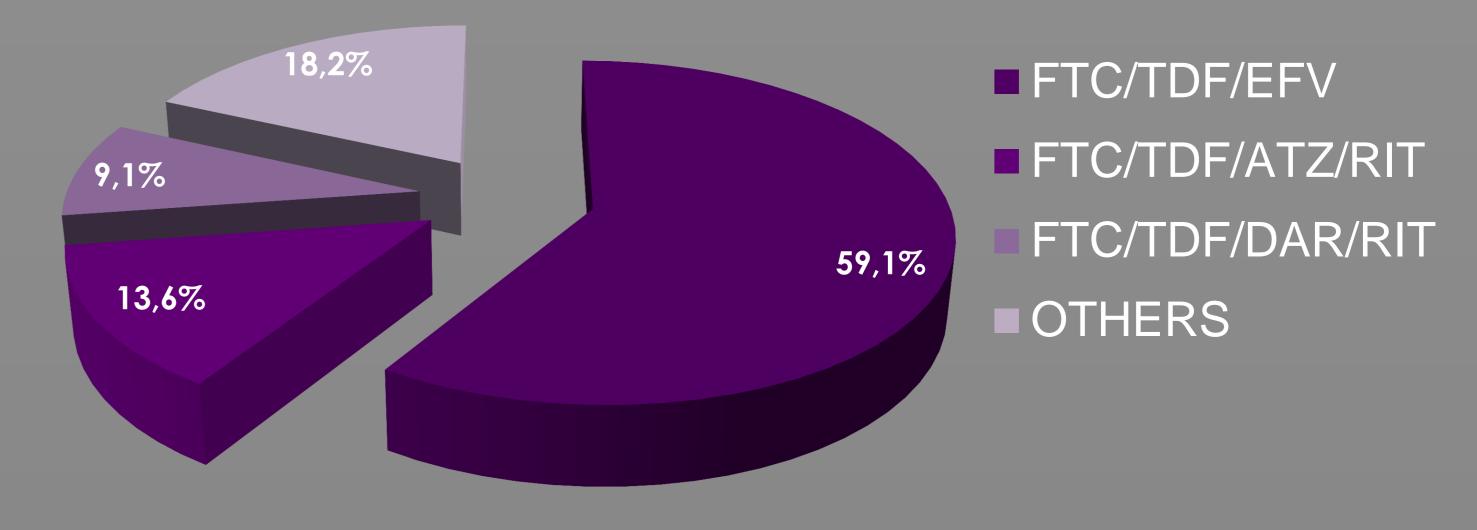
- Design: Prospective multicenter study
- Population: Naive adult HIV patients who started treatment between 2011 and 2013.
- Demographic variables: Sex and age.
- Pharmacotherapeutic variables: Initial HAART, discontinuation of HAART within the first year and its reasons based on Swiss HIV Cohort (Elzi et al. Arch Intern Med. 2010)



## RESULTS

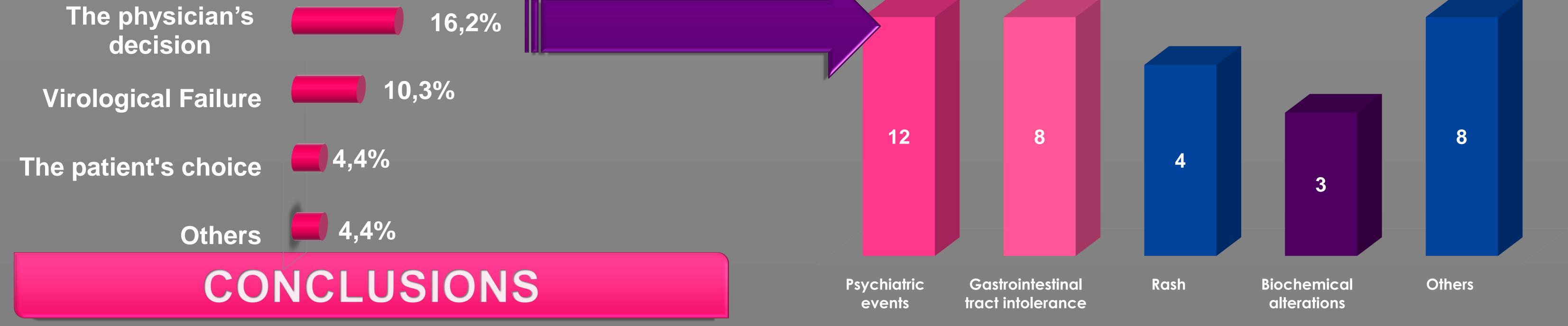
277 patients started HAART between 2011 and 2013, 82,4% men. The mean age was 40 ± 11

<u>Causes for discontinuing antiretroviral treatment</u> within the first year in psitar hiv cohort (n=68) **Start HAART in Psitar cohort patients** 



Drug Toxicity (n patients)





64,7%

The number of patients with discontinuation of HAART in the first year is acceptable. It is necessary to properly assess starting HAART to reduce adverse reactions involving switching the treatment *XX CONGRESS OF THE EAHP. HAMBURG 2015.*