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Objective

To evaluate the efficacy and tolerance of triplets versus doublets by analysing a national gastric cancer registry.

Materials and methods

Patients with Advanced Gastric Cancer (AGC) treated with polychemotherapy, excluding trastuzumab, were included from 2008 to 2016. The effect of triplets versus doublets was compared using three methods: Cox proportional hazards regression, propensity score matching (PSM) and coarsened exact matching (CEM).

Results and Discussion



9.60–12.68) versus 9.60 months (95% CI 8.44– 10.75)] was seen in favour of triplets. HR 0.77 (95% CI 0.65–0.92), stratified log rank test, adjusted for percentile groups of the PSM, p=0.004.

The effect appeared to be comparable for anthracycline based triplets (HR 0.78 (95% CI 0.64–0.94)) or docetaxel based triplets (HR 0.78 (95% CI 0.60–1.009)). The trend was similar after applying the CEM algorithm, with a HR of 0.78 (95% CI 0.63–0.97), p=0.03.

Triplet therapy was viable and relative dose intensities exceeded 85%, except for cisplatin in



Kaplan-Meier curves of OS after Propensity score matching



DCX. Triplets overall, had more severe toxicity especially haematological, hepatic and mucosal adverse events.

Conclusions

Triplet therapies are feasible in daily practice and are associated with a discreet benefit in efficacy at the expense of a moderate increase in toxicity.

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