# PERSISTENCE OF BIOLOGICAL TREATMENT WITH INFLIXIMAB, ADALIMUMAB AND ETANERCEPT IN PATIENTS WITH SPONDYLOARTHROPATHY



E.A. Álvaro Alonso, A.M. Gómez Pedrero and M. Pérez Encinas.

Hospital Universitario Fundación Alcorcón, Pharmacy, MADRID, Spain.



### **BACKGROUND**

Although the use of infliximab, adalimumab and etanercept for the treatment of spondyloarthropathy is widespread in clinical practice, there are no studies on its persistence over time.

### **PURPOSE**

Estimate the persistence of treatment with infliximab, adalimumab and etanercept in patients diagnosed with spondyloarthropathy receiving first biological treatment.

# MATERIAL AND METHODS

### Retrospective, observational study

### Population

Patients diagnosed with SA who initiating first biological treatment with Infliximab, Adalimumab and Etanercept

### Inlusion period

Since its commercialization in 1999, 2003 and 2006 respectively to June 2010

### Study period

From first biological treatment to June 2010 (at least 5 years follow-up)

**Persistence was defined** as time (months) from the start of treatment until their suspension for dispensations periods higher than three months to include optimization.

Variables collected

- Failure (no response)
- Intolerance
- Clinical improvement/remission
- Patient preference
- Neoplasms/infections
- Others

### Outcome variables

Treatment start date

Reason of suspension

Treatment suspension date

Overall and specific persistence for each treatment (medium y median) Calcule

Kaplan-Meier survival curves

Function

Stadistic programe: SPSS®

### **DEMOGRAPHIC VARIABLES ( Population = 100 patients)**

Variable	INFLIXIMAB	ADALIMUMAB	ETANERCEPT
Patients (N)	29	33	38
Sex (men)	44,83 %	60,61 %	63,16 %
Age	<b>50,57</b> (95%CI: 45,90-55,25)	<b>54,63</b> (95%CI: 49,54-59,73)	<b>52,58</b> (95%CI: 48,36-56,80)

### **OUTCOME VARIABLES: Persistence**

Median (months)	INFLIXIMAB	ADALIMUMAB	ETANERCEPT		
OVERALL persistence: 40,04 months (95%CI: 23,35-56,74)					

SPECIFIC persistence

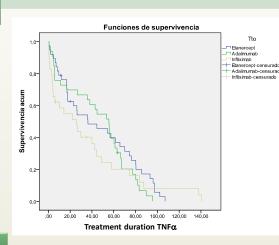
	25,99	55,49	36,33 °
95%	6CI: 4,98-47,00)	(95%CI: 40,75-70,23)	(95%CI: 4,22-68,44

## **RESULTS**

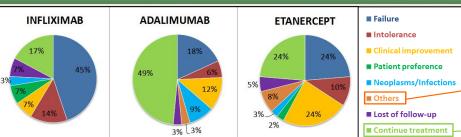
Age

Sex

Survival curves
were compared
using the logrank function
with no
significant
differences
(p=0.592)



### **REASON OF SUSPENSION**



### OTHER REASONS OF SUSP.

Other reasons were chest pain in 1 patient with ADA and alcoholism, heart failure and inflammatory bowel disease in 3 patients with ETA.

### CURRENTLY

There are 16 patients who continue treatment with ADA, 9 with ETA and 5 with

The **high overall persistence** of these drugs, **more than three years of median**, makes us believe they are well tolerated and effective. A marked specific persistence with adalimumab (around 4 and a half years) is observed. However, no significant differences were found between them. The main reason for suspension was failure. Regarding clinical improvement/remission, etanercept had better results.

21st Congress of the EAHP, 16-18 March, 2016 - Vienna, Austria

Contact us: lenialon@gmail.com

Hospital Universitario Fundación Alcorcón, Madrid, Spain