

## TREATING MULTIPLE SCLEROSIS PATIENTS WITH INFUSION OF DISEASE MODIFYING TREATMENTS DRUGS DURING THE COVID-19 PANDEMIC

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### BACKGROUND AND IMPORTANCE

Multiple sclerosis (MS) second-line Disease-Modifying treatments (DMT) cause lymphocyte or B-cell depletion as therapies with natalizumab, ocrelizumab, alemtuzumab or rituximab. They can present a varying degree of immunodeficiency that can translate into an increased risk of infections. The decision-making process should balance the risks of stopping an active treatment and the prone to COVID-19 infection.

### AIM AND OBJECTIVES

To evaluate the management of MS patients with second-line DMT via infusion with natalizumab, ocrelizumab, rituximab and alemtuzumab during the COVID-19 pandemic.

### MATERIAL AND METHODS

- Observational, retrospective study (January 2020 to October 2020) including MS patients on active treatment with natalizumab, ocrelizumab, rituximab or alemtuzumab who were expected to receive new dosages in this period.
- **Data collection:** the Electronic Clinic History System (**Selene®**) and the Program **FarmaTools®**.
- **Variables collected:**
  - ✓ Sex
  - ✓ Age
  - ✓ Expanded disability status scale (EDSS)
  - ✓ COVID-19 diagnosis
  - ✓ Type of MS
- Treatment changes/delays due to COVID-19 were reviewed. In case of delay, the number of days was quantified.

### RESULTS

- JANUARY 2020- OCTOBER 2020
- n=40 patients
  - 29 → Relapsing- Remitting MS
  - 6 → Primary-Progressive MS
  - 5 → Secondary-Progressive MS
- 65% women
- Average age= 47,3 (SD=13,3)
- Average EDSS= 3,8 (SD=2,1)
- 5 patients (12,5%) → COVID+

- 85% of patients, received their dose (natalizumab, ocrelizumab, rituximab) in time in our Hospital.
- Only 6 patients suffered delays because of the pandemic situation.

	WITHOUT CHANGES	TREATMENT DISCONTINUATION/ CHANGES	DELAYS
NATALIZUMAB	13	3	0
ALEMTUZUMAB		3 *	
OCRELIZUMAB	16	1	5 (extended 39 days (SD:23,8))
RITUXIMAB	2	1	1 (extended 36 days)

\*Patients who were expected to receive a new dose of alemtuzumab, didn't → the European Medicines Agency (EMA) alert related to alemtuzumab and the COVID-19 pandemic.

### CONCLUSION AND RELEVANCE

- According to recommendations a case by case analysis should be performed but it seems that COVID-19 pandemic has conditioned MS treatments as changes/delays have been registered.
- Five COVID-19 cases were diagnosed, a very similar proportion to the outcomes obtained in the seroprevalence study of the same region.

### REFERENCES

1. Hospital La Mancha Centro de Alcázar de San Juan y Hospital General de Tomelloso. *Guía para el manejo del paciente con Esclerosis Múltiple.* [[https://www.serviciofarmaciamanchacentro.es/images/stories/recursos/recursos/protocolo/neurologia/gua%20esclerosis%20multiple%20farmacia\\_neuro\\_completa.pdf](https://www.serviciofarmaciamanchacentro.es/images/stories/recursos/recursos/protocolo/neurologia/gua%20esclerosis%20multiple%20farmacia_neuro_completa.pdf)].
2. Sociedad Española de Farmacia Hospitalaria. *Guía Atención Farmacéutica en Esclerosis Múltiple (MAPEX-EM).* [[https://www.sefh.es/bibliotecavirtual/Em19/guia\\_AF\\_EM\\_sefh\\_mapex.pdf](https://www.sefh.es/bibliotecavirtual/Em19/guia_AF_EM_sefh_mapex.pdf)].