# REAL-LIFE DATA ON THE USE OF ABIRATERONE/ ENZALUTAMIDE IN CASTRATION-RESISTANT PROSTATE CANCER

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# **Background and importance**

Abiraterone and enzalutamide are used for treating castration-resistant prostate cancer (CRPC). The lack of direct comparisons makes the selection and positioning of these drugs in this new scenario difficult.

### Aim and objectives

To compare ABIRATERONE (A) and ENZALUTAMIDE (E) use in metastatic-CRPC, and to provide real clinical data on effectiveness and safety.



### **Material and methods**

OBSERVATIONAL RETROSPECTIVE STUDY



Patients with **metastatic CRPC** with 50% of the data available

January 2015-September 2021

in the electronic medical record





<u>Primary effectiveness variable</u> **PROGRESSION-FREE SURVIVAL (PFS)** 

Other variables: overall survival (OS) and survival probabilities



Safety variables PERCENTAGE OF PATIENTS WITH ADVERSE EVENT (AE) and grade

Statistical analysis: Kaplan–Meier test and comparsion by the logRank test using R-software

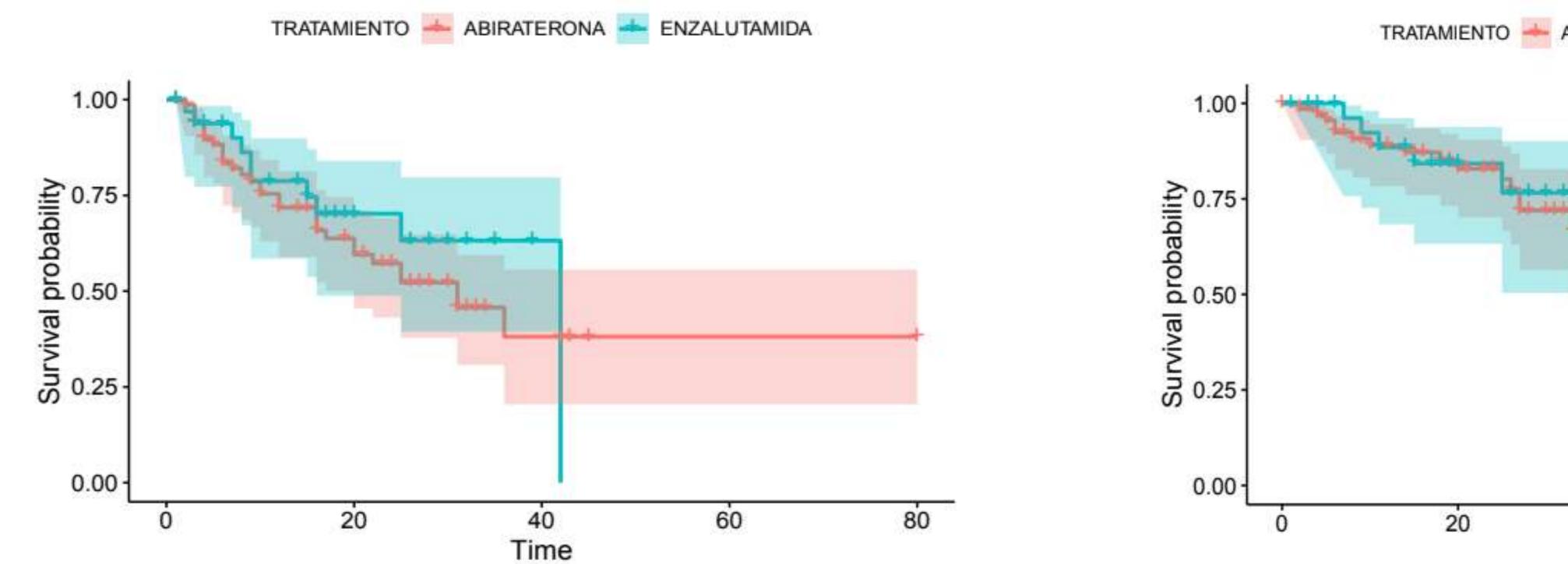
# Results

- > 99 patients (abiraterone=70 and enzalutamide=29)
- > No significant differences in baseline characteristics: mean age (75.6±9.1 years vs 75.8±7.5 E)
- $\blacktriangleright$  Metastases at baseline  $\rightarrow$  mainly bone(36.34%) and lung(6%)
- ➢ Gleason at baseline: ≥8 in 45.7% of those treated with abiraterone and 31% with enzalutamide
- ECOG 0-1: 92.9% in abiraterone group and 89.7% for enzalutamide



#### **PROGRESSION-FREE SURVIVAL**

#### **OVERALL SURVIVAL**



→ Median PFS abiraterone 31 months (CI95% 20-NA)
→ Median PFS enzalutamide 42 months (CI95% NA-NA)

no significant differences between both drugs (p=0.5)

TRATAMIENTO ABIRATERONA ENZALUTAMIDA

Median OS was not reached in either group, with no significant differences (p=0.7)

Abiraterone	Enzalutamide
62.9% present ≥1 AE (8.6% ≥G2)	69% present ≥1AE(10.3% ≥G2)
Most frequent: -G1-asthenia(22.3%)	Most frequent: -G1-asthenia(62.1%)
-G1-astriena(22.5%) -G1-hypertension(12.3%)	-G1-headache(13.8%)
	*One patient discontinued due to G3-anemia



#### **Conclusion and relevance**

Statisticall differences in PFS were not found. Median OS was not reached in either group; AE were mild to moderate for both. We cannot affirm that there are differences in effectiveness and safety between the two treatments.