REAL-LIFE DATA ON THE USE OF ABIRATERONE/ ENZALUTAMIDE IN CASTRATION-RESISTANT PROSTATE CANCER

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Background and importance

Abiraterone and enzalutamide are used for treating castration-resistant prostate cancer (CRPC). The lack of direct comparisons makes the selection and positioning of these drugs in this new scenario difficult.

Aim and objectives

To compare ABIRATERONE (A) and ENZALUTAMIDE (E) use in metastatic-CRPC, and to provide real clinical data on effectiveness and safety.



Material and methods

OBSERVATIONAL RETROSPECTIVE STUDY



Patients with **metastatic CRPC** with 50% of the data available

January 2015-September 2021

in the electronic medical record





<u>Primary effectiveness variable</u> **PROGRESSION-FREE SURVIVAL (PFS)**

Other variables: overall survival (OS) and survival probabilities



Safety variables PERCENTAGE OF PATIENTS WITH ADVERSE EVENT (AE) and grade

Statistical analysis: Kaplan–Meier test and comparsion by the logRank test using R-software

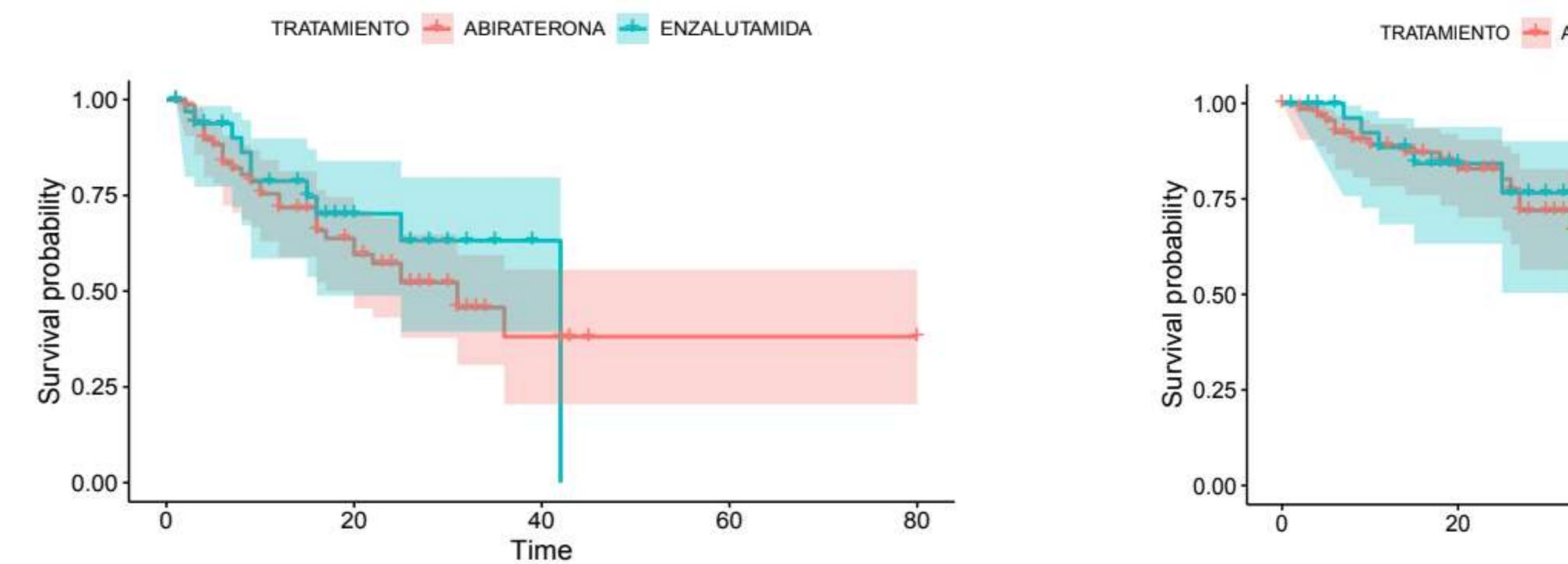
Results

- > 99 patients (abiraterone=70 and enzalutamide=29)
- > No significant differences in baseline characteristics: mean age (75.6±9.1 years vs 75.8±7.5 E)
- \blacktriangleright Metastases at baseline \rightarrow mainly bone(36.34%) and lung(6%)
- ➢ Gleason at baseline: ≥8 in 45.7% of those treated with abiraterone and 31% with enzalutamide
- ECOG 0-1: 92.9% in abiraterone group and 89.7% for enzalutamide



PROGRESSION-FREE SURVIVAL

OVERALL SURVIVAL



→ Median PFS abiraterone 31 months (CI95% 20-NA)
→ Median PFS enzalutamide 42 months (CI95% NA-NA)

no significant differences between both drugs (p=0.5)

TRATAMIENTO ABIRATERONA ENZALUTAMIDA

Median OS was not reached in either group, with no significant differences (p=0.7)

| Abiraterone | Enzalutamide |
|--|--|
| 62.9% present ≥1 AE (8.6% ≥G2) | 69% present ≥1AE(10.3% ≥G2) |
| Most frequent: -G1-asthenia(22.3%) | Most frequent: -G1-asthenia(62.1%) |
| -G1-astriena(22.5%) -G1-hypertension(12.3%) | -G1-headache(13.8%) |
| | *One patient discontinued due to G3-anemia |



Conclusion and relevance

Statisticall differences in PFS were not found. Median OS was not reached in either group; AE were mild to moderate for both. We cannot affirm that there are differences in effectiveness and safety between the two treatments.