

# SYMBALOO AS DIGITAL TOOL FOR HAEMOPHILIA



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## Background and importance.

In rare diseases such as haemophilia, the access to rigorous information is essential.

## Aim and objectives.

To describe the virtual desktop developed by our pharmacy service for haemophilia patients. It includes shortcuts to selected resources. The aim is to facilitate quick, free and easy access to information about the disease and its treatment.

## Materials and methods.

The tool selected to create the virtual desktop was Symbaloo®(symbaloo.com), which brings together in one place the selected links to useful and rigorous websites. It has been organized in color-coded sections according to the type of information offered in each block. The name of the virtual desktop is "Haemophilia for patients".

## Results.

The desktop has a total of 43 web links organized in 16 blocks belonging to 8 sections. The link to access our virtual desktop is: <https://bit.ly/HEMOPHILIA>.

A web prescription sheet was also designed with a QR code to be scanned with the patient's cell phone to facilitate the access, including instructions and the pharmacist's contact information.



## Conclusion and relevance.

Symbaloo is a potentially useful digital platform for providing quality information and useful web resources to haemophilia patients. Healthcare professionals can, and should, provide our patients with useful digital content that allows them to learn about the management of their disease. Through these online tools, patients' digital health literacy can be improved.

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