

EFFECTIVENESS AND SAFETY OF CENOBAMATE: EXPERIENCE IN A THIRD-LEVEL HOSPITAL



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Background and importance

More than one third of patients with epilepsy have uncontrolled seizures despite being treated with two or more anti-seizure medications (ASM), this condition is known as refractory or drugresistant epilepsy.

Cenobamate is a new ASM approved by the European Medicines Agency (EMA) for the adjunctive treatment of focal-onset seizures in adults with drug-resistant epilepsy. Real world data regarding Cenobamate use are currently very limited.



Aim and objectives

To evaluate the **effectiveness** and **safety** of Cenobamate in real world practice.

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Materials and methods

- Design: a single-center retrospective study of patients who received Cenobamate, from September 2020 to September 2021.
- Inclusion criteria: patients should have been treated with Cenobamate for at least 3 months.
- Efficacy outcomes:
 - \checkmark 50% responder rate \rightarrow proportion of patients who exhibited a ≥ 50% reduction in the monthly seizure frequency from baseline
 - ✓ Reduction in the number of concomitant ASMs
- Safety outcomes: frequency of adverse events (AEs); rate of discontinuation of treatment due to AEs.

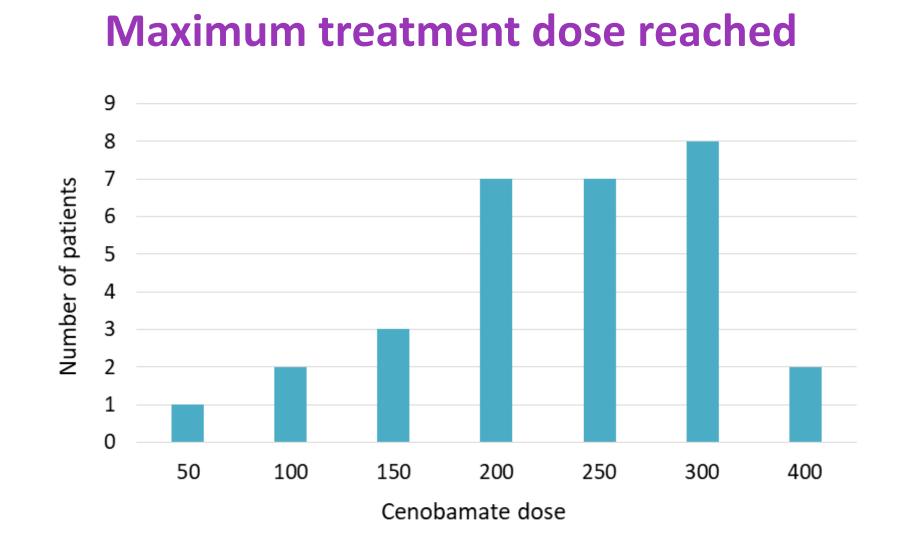
Results

Baseline characteristics:

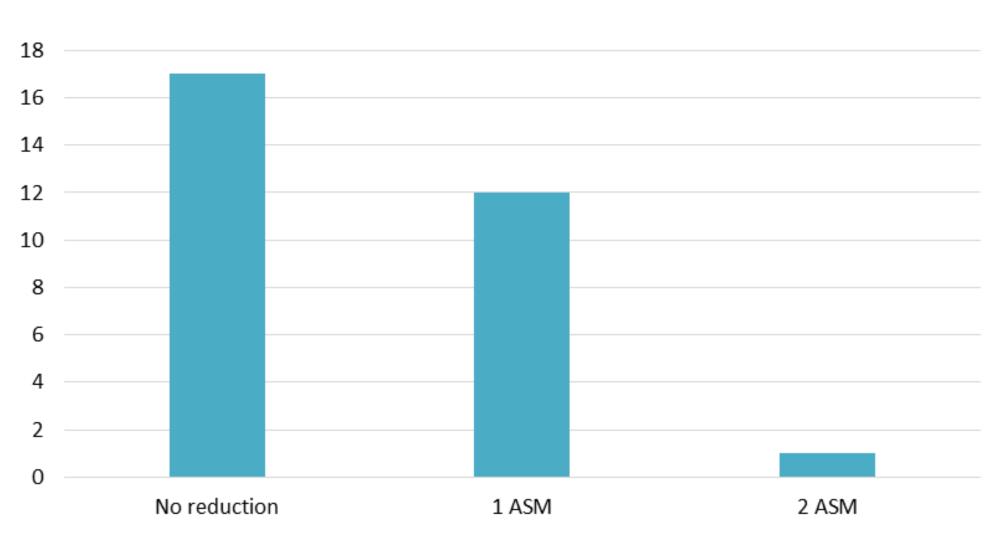
N = 30 patients

Average age: 46,9 years (SD = 15,06)

• Number of concomitant ASMs (median): 3 (IQR =2; 4)

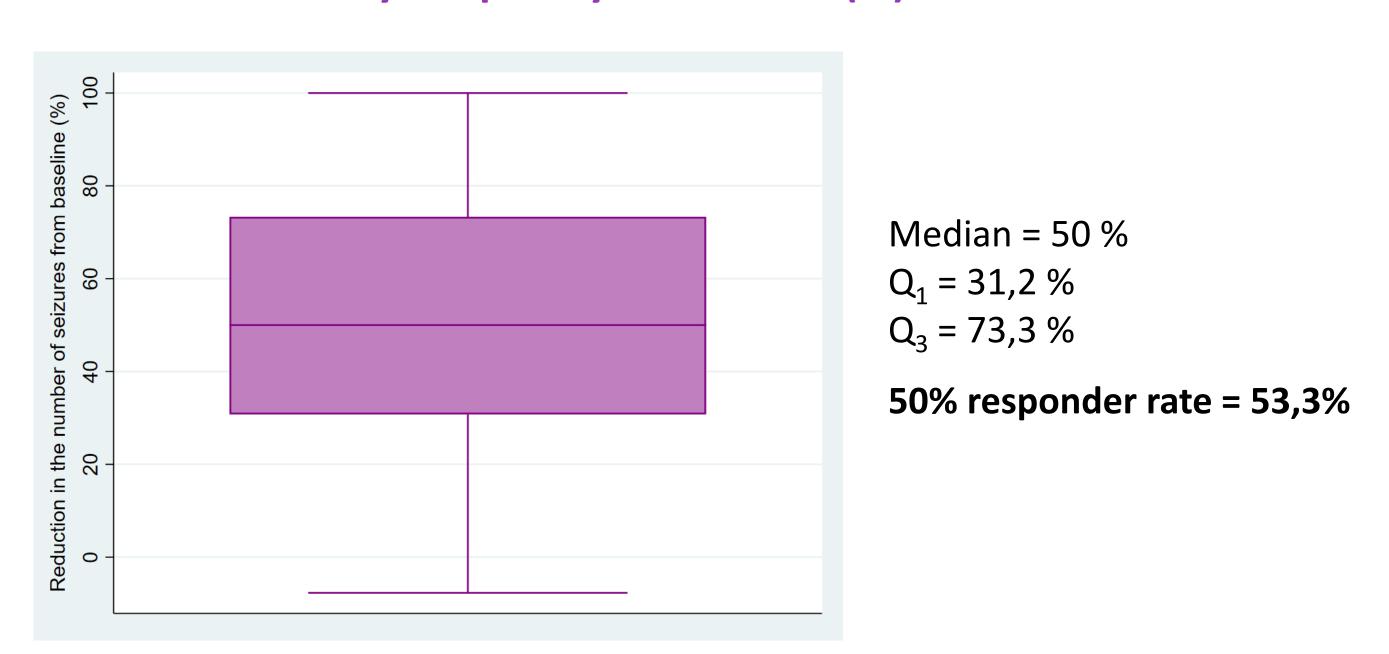


Reduction in the number of concomitant ASMs



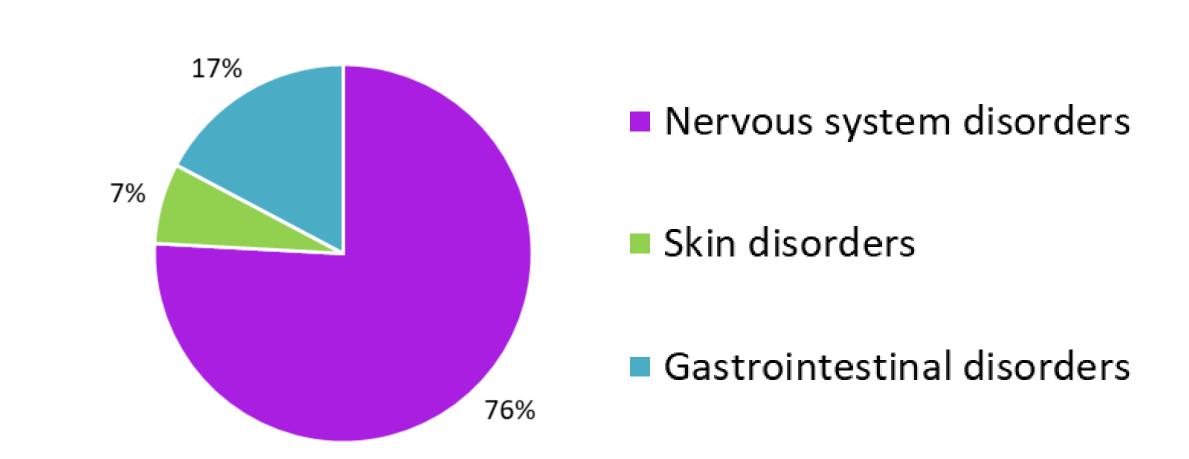
43,3% of patients reduced the number of ASMs in one or two

Reduction in monthly frequency of seizures (%)



Safety profile

- 73,3% of patients had one or more AEs (grade ≤ 2).
 One case of grade 3 AE.
- The most commonly reported AEs were somnolence, dizziness, fatigue and dysarthria.
- The discontinuation rate because of AEs was 13,3%.



Conclusion and Relevance

The effectiveness and safety data obtained in this study are similar to those of the pivotal clinical trial. We found that adjunctive treatment with Cenobamate allows a reduction in the number of concomitant ASMs in an important proportion of the patients.