

# **STABILITY EVALUATION OF FOUR METHADONE INTRAVENOUS MIXTURES USED IN PALLIATIVE SEDATION**

Martín Bartolomé M<sup>1,3</sup>, García Moreno FJ <sup>1,3</sup>, Moral Carretón M <sup>2,3</sup>, Sánchez Isac M <sup>2,3</sup>, Borhidan RM<sup>3</sup>, Villanueva Bueno C<sup>1,3</sup>, Del Barrio Buesa S<sup>1,3</sup>, Carrillo Burdallo A<sup>1,3</sup>, Prieto Romero A<sup>1,3</sup>, Herranz Alonso A<sup>1,3</sup>, Sanjurjo Sáez M<sup>1,3</sup>.

<sup>1</sup> Pharmacy Department. Hospital General Universitario Gregorio Marañón Madrid, Spain. <sup>2</sup> Palliative Care Unit. Hospital General Universitario Gregorio Marañón, Madrid, Spain.<sup>3</sup> Gregorio Marañón Institute of Health Research, Madrid, Spain.

In palliative care, drug infusions containing opioids are commonly used, but stability data regarding methadone mixtures is limited.

**BACKGROUND AND IMPORTANCE** 

## **AIM AND OBJECTIVE**

To evaluate the physicochemical stability of four quaternary mixtures containing methadone in different diluents and storage conditions, as well as

#### to validate a HPLC method for this purpose.

#### **MATERIALS AND METHODS**

**Figure 1:** Studied mixtures agreed with palliative care physicians.

Methadone 5mg Midazolam 30mg **Butylscopolamine 60mg** Haloperidol 5mg **M1**: Saline 0,9% 250mL M2: Glucosaline 1/3 500mL

Methadone 250mg Midazolam 250mg **Butylscopolamine 240mg** Haloperidol 30mg **M3**: Saline 0,9% 250mL M4: Glucosaline 1/3 500mL **Figure 2:** Chromatographic conditions for RP-HPLC-DAD.

Stationary phase	<i>Kinetex</i> © C18, 100 x 4.6 mm, 2.6 µm	Flow rate	0.6 mL/min
Mobile phase	Monopotassium phosphate buffer 10 mM in H <sub>2</sub> O (pH= 2.5): methanol	Injection volume	1 µL
	0.10min 75.05.11.10min 60.10.10	Column T <sup>a</sup>	25°C
Gradient	23min 75:25, 11-181111 60.40, 19-	Detector wavelength	220 nm



Physicochemical stability was defined as:

- Absence of visual changes.
- Not significat pH variation.



Remaining [drug] 90-110% of initial one (t<sub>o</sub>).

### RESULTS

A linear regression equation was obtained for each drug studied to validate the method. The coefficient of determination showed the method was linear in the range of concentrations considered.

Time of retention for each drug, in minutes, was as follows:

-Butylscopolamine: 8.54 -Haloperidol: 12.37 -Midazolam: 11.23 -Methadone: 13.76

Precision and accuracy were also evaluated. Selectivity and specificity



were confirmed by 2D-UV spectral analysis.

After 24 and 48 hours all mixtures met the predefined stability criteria, staying the drug concentrations at 90-110% of the initial one  $(t_0)$ .

# **CONCLUSION AND RELEVANCE**

The HPLC method was successfully validated. All four methadone mixtures remained stable for 48 hours under both light-exposed and ligth-protected conditions. This confirms their stability and suitability for use over this period.









