

# EVALUATION OF PROFESSIONAL PRACTICES IN ENTERAL NUTRITION : BETWEEN GUIDELINES AND REALITY

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## BACKGROUND

### Enteral nutrition (EN) :

Therapeutic alternative when oral intake is impossible or insufficient

### Risks of improper practices

Ensuring patient's **safety and efficacy** of EN

## AIM

To assess the **compliance** of professional practices related to EN with institutional enteral nutrition guidelines.

## MATERIAL AND METHODS

**Audit** conducted over **2 months**  
27 june to 31 august 2025

### ► 12 wards audited

*Pulmonology, palliative care unit, oncology, geriatric rehabilitation, general intensive care unit, gastroenterology, diabetology, digestive surgery, general medicine, internal medicine, physical and rehabilitation medicine*

### ► Each ward with patients receiving EN in collaboration with the dietetic team

### ► Criteria evaluated :



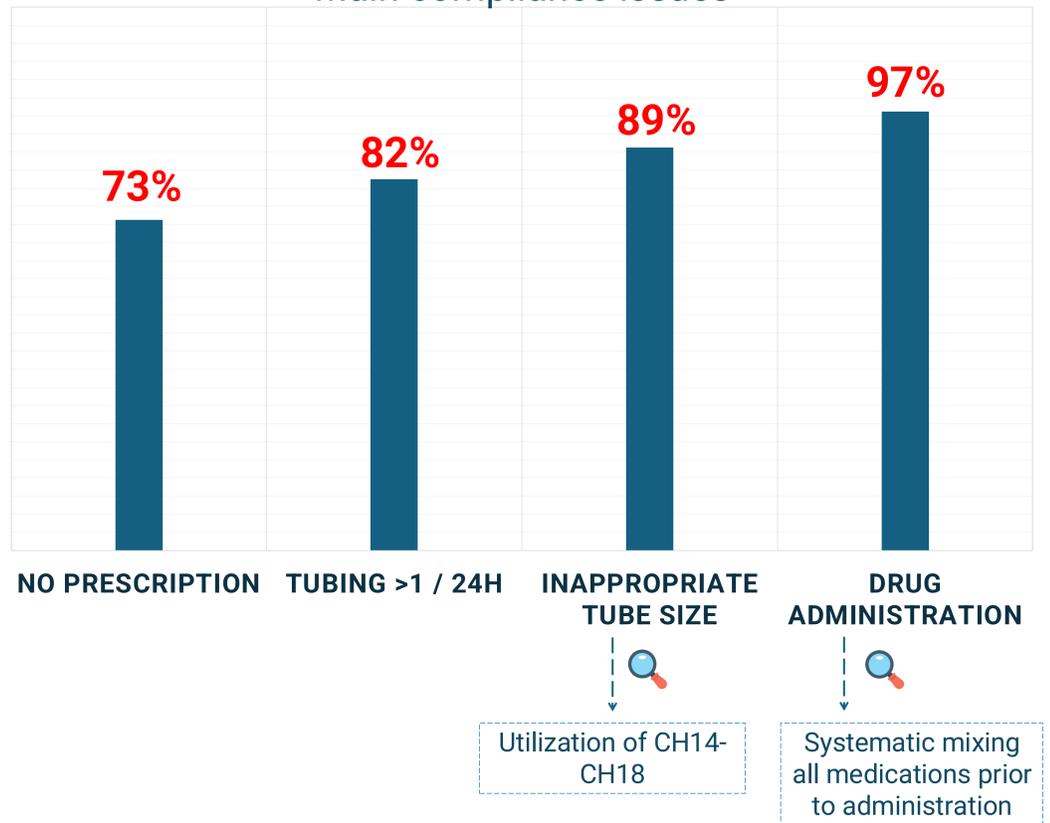
- Indication
- Administration
- Prescription
- Monitoring
- Hygiene
- Safety
- Traceability
- Complications knowledge
- Drug administration

## RESULTS

**34 patients in 12 wards**

**18% (n=25)** of cases **fully complied** with recommendations

Main compliance issues



- **Traceability** is a critical issue regarding start and end times, flow rate, documentation of water and drug administration
- **Knowledge of refeeding syndrom** limited (12%)



- **Route selection and indication** relevance (ear, nose and throat cancer/intubation)
- **Regular reassessement** of nutritional needs by the dietetic team
- **Monitoring** (patient weight, absence of infection signs, tube patency) and **complications knowledge**

## CONCLUSION

### Insufficient compliance with EN practices

- Inappropriate tube sizes
- Non-EnFit connectors
- Need for improved training

### Recommendations

Standardized protocols / Staff training / EN device referencing review

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