# EFFICACY AND SAFETY OF RITUXIMAB IN COMBINATION WITH CHEMOTHERAPY IN THE TREATMENT OF NON-HODGKIN'S LYMPHOMA

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#### BACKGROUND

Chemotherapy, radiation and autologous bone marrow transplant conventional are standard therapies in Non-Hodgkin`s lymphoma (NHL). Nowdays the introduction of monoclonal antibodies, has enhanced the specificity of treatment, reducing the toxicity and presenting synergism with conventional chemotherapy.

#### **OBJECTIVES**

To compare data of rituximab efficacy and safety in combination with CHOP chemotherapy

(cyclophosphamide, adriamycin, vincristine and prednisone) in the treatment of NHL, with those published in the literature.

## **MATERIALS AND METHODS**

Retrospective observational study of 116 patients diagnosed with NHL who had received chemotherapy with R-CHOP(rituximab-CHOP) between January 2005 and December 2010. We reviewed the medical history (100 %) and the data were analyzed using SPSS predictive analytics software.

Demographic data (age, sex); efficacy [complete response (CR), partial response (PR), overall response rate (ORR), progression and relapse, overall survival (OS) and event free survival (EFS)]; toxicity (haematological and non haematological) were registred.

#### RESULTS

53.5% of patients were male and mean age at diagnosis was 59 years.



Projected median OS for responding patients was over 30 months and EFS after one year was 70.3%. Neutropenia, anaemia and thrombocytopenia rates was reported in 15.8%, 12.4% and 2.3% respectively.





Infusion-related reaction were reported in 1.95% of patients, 72.2% during the first session. The detected rate of infection was relatively low, and were microbiologically documented 3.5% of all infections.

## CONCLUSIONS

The results obtained are comparable to published studies regarding the treatment arm with R-CHOP in patients randomized (study group GELA NHL-95.5, U.S. Intergroup Study, study Mabthera International Trial MINT). Neutropenia rates were higher than those found in the study of McLaughlin et al, while the other cell lines the results were similar.



