

Deprescribing strategies in elderly patients or patients with several chronic conditions

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OBJECTIVES

- Identify evidence about deprescribing strategies in polypathological patients, elderly or patients with chronic conditions
- Asses its efficacy

STUDY DESIGN

Systematic review

- EMBASE and MEDLINE
- Clinical trials and observational studies from 1967 to 2013

Search strategy

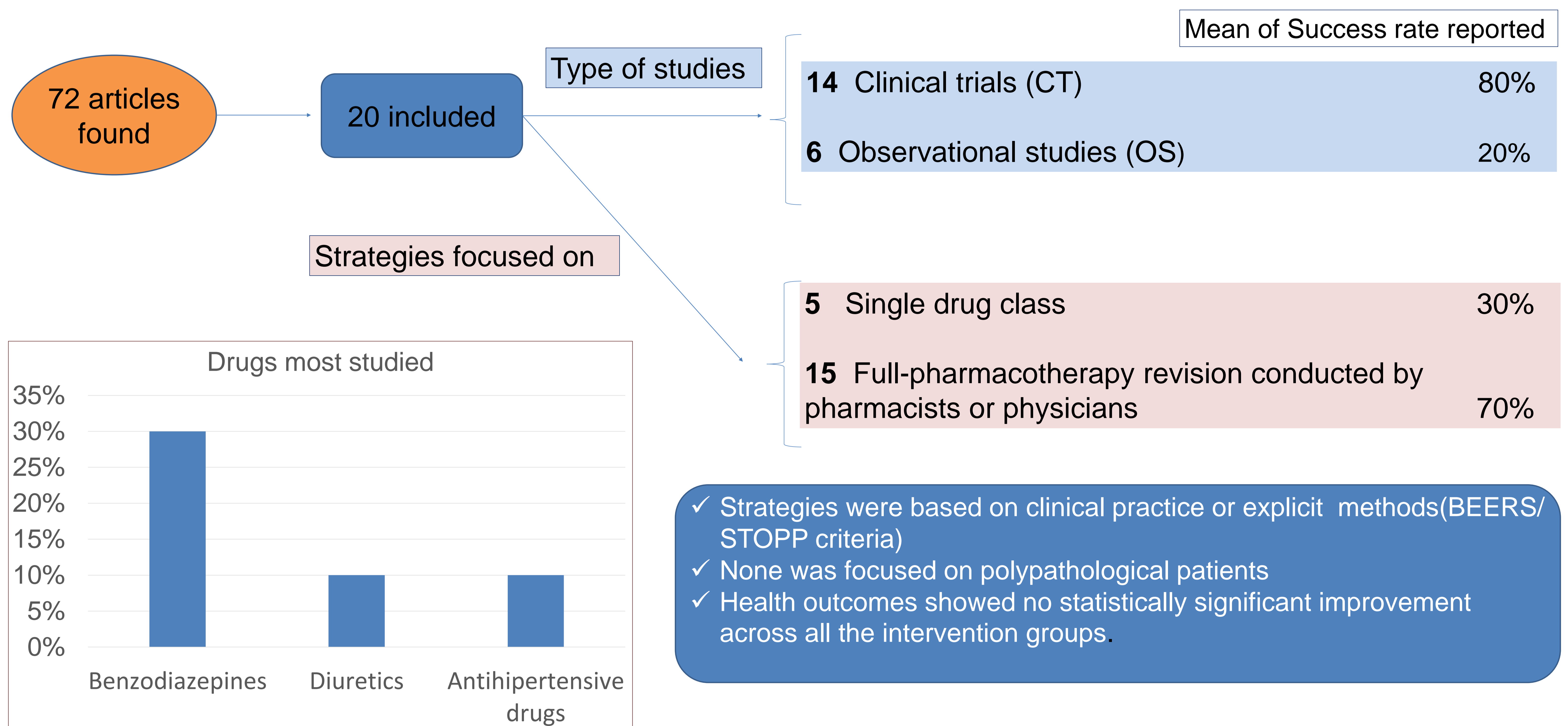
- Intervention: Drug withdrawal, appropriateness
- Study population: Polypathological, chronic conditions, elderly

Inclusion criteria: studies had to report

- Success rate
- Deprescribing strategies

The deprescribed drug did not to be re-modified during the follow up

RESULTS



CONCLUSIONS

- There is no current evidence of deprescribing on PP.
- Interventions seems to be more effective if they are based on a full-pharmacotherapy revision and in the context of a clinical trial
- There is no current evidence of efficacy from systematic interventions based on software programs or similar tools.