ANALYSIS OF CLINICAL PHARMACIST INTERVENTIONS CARRIED OUT IN AN INTENSIVE CARE UNIT

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Background

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The clinical instability of patients in intensive care units (ICU), makes them subject to have Drug-Related Problems (DRP) that may have an impact on the efficacy and safety of treatments.

Purpose

To analyse clinical pharmacist interventions (PIs) carried out over DRP registered in an ICU.

Material and methods

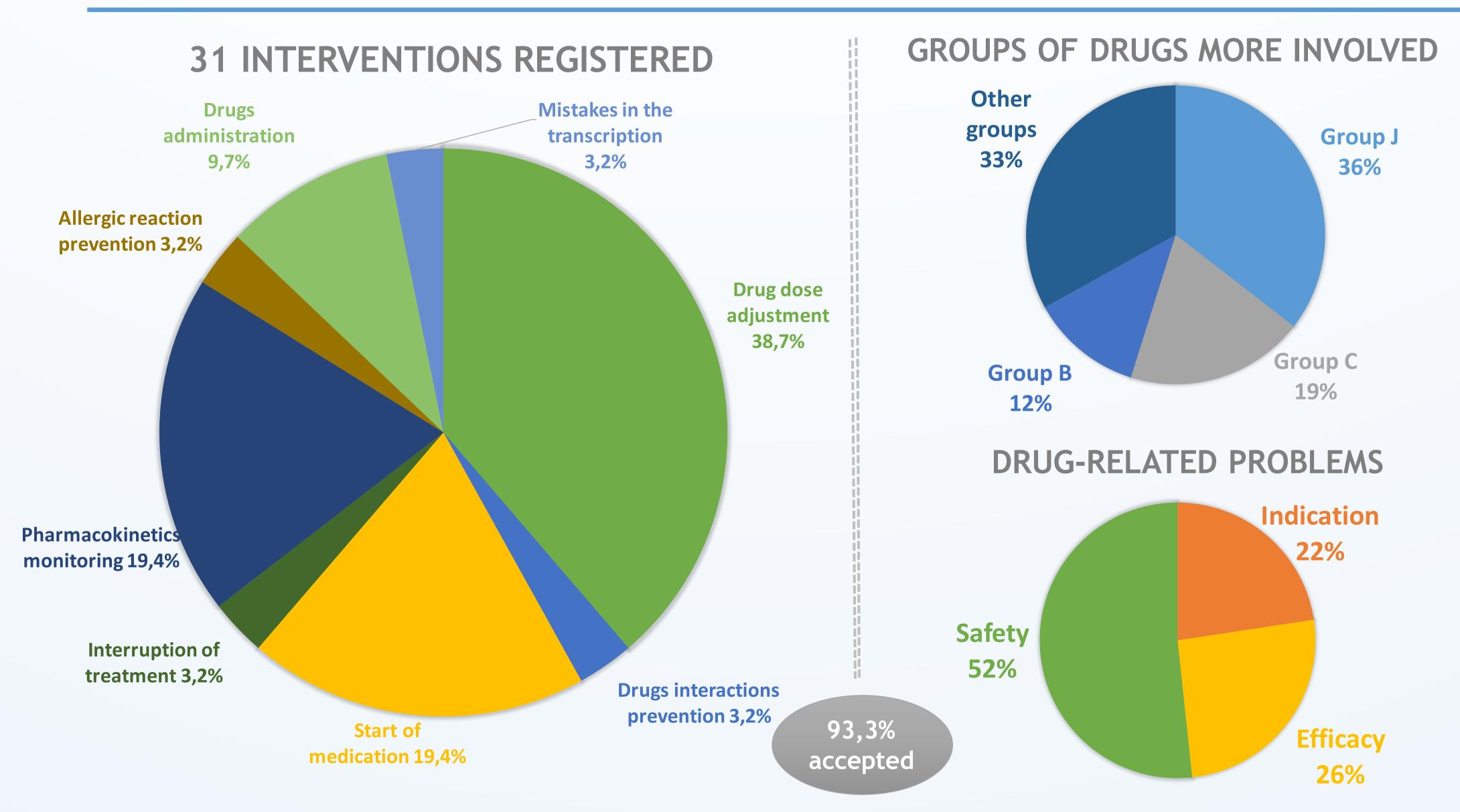
This prospective and descriptive study was carried out in one month (15th May to 15th June) in an ICU of 18 beds in a tertiary hospital. Pls detected by a resident pharmacist in his ICU period during the validation of physician orders.

The variables of this study are:

- → Demographic data: sex and age
- Type of medical intervention
- → Degree of response
 - Accepted: if they changed the physician order
 - --- Rejected: if the change was not accepted
- The drugs used

Pls were carried out in relation to DRP in the Third Consensus of Granada and the prescribing physician was orally informed of all of them.

Results



Conclusion

The high level of acceptance of the proposed interventions and its clinical relevance demonstrates the significance of clinical pharmacists that prevent, detect and solve DRP in the prescription process before they affect the patient. According to published literature, the presence of a clinical pharmacist in critical patient care multidisciplinary teams provides improvements in terms of safety, efficacy and cost of treatments.