

HELSINGIN YLIOPISTO HELSINGFORS UNIVERSITET UNIVERSITY OF HELSINKI



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INTERVIEWS AND FOCUS GROUPS

Dr Raisa Laaksonen, MRPharmS Adjunct Professor in Clinical Pharmacy



### **LEARNING OBJECTIVES**

To develop a topic guide for interviews and focus groups



#### **OUTLINE OF THE WORKSHOP**

- An introduction to how to develop a topic guide for interviews and focus groups
- Each research team develops a topic guide for individual interviews based on the research questions and aims developed in workshop 1
  - → the topic guide will be used in the practical experience of individual interviews



### **QUALITATIVE RESEARCH**

- Research question(s), Aims and Objectives
  - Determine how data are collected
- Tools for data collection
  - Interviews, Focus groups → Topic guides
  - Observations, Interviews, Focus groups → Fieldnotes
  - Policies, Guidelines, Reports, Archived data → Documents
  - Questionnaires with open questions → Documents
  - Internet data



- A topic guide is developed based on
  - the research questions and aims and objectives → only relevant questions
  - previous literature on the topic
  - information received from informants (patients, healthcare professionals, managers etc.)
  - the experience of the research team
  - previous pilot studies

Supports consistent data collection



- Structured interviews → interview schedule
  - The order of questions is pre-defined
  - Only questions in the interview schedule are used
  - The questions in the interview schedule are always asked in the same way

- Semi-structured interviews, open interviews, focus groups → topic guide
  - The order of questions can be changed during the interview
  - New questions can be added to the topic guide if relevant
  - There can be variation from interview to interview how the questions are asked



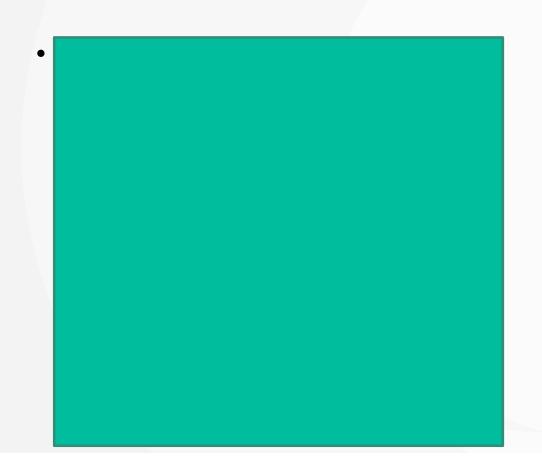
Structured interviews → interview schedule

**NOT FLEXIBLE** 

• Semi-structured interviews, open interviews, focus groups → topic guide

**FLEXIBLE** 





• Semi-structured interviews, open interviews, focus groups → topic guide

**FLEXIBLE** 



# DEVELOPING A TOPIC GUIDE: QUESTIONS

- Use open questions: WHAT, HOW, WHAT KIND/TYPE OF, WHY
- Try to avoid closed questions that can be answered with YES/NO
- In addition to the main questions, develop probing questions or explanations of new services or potentially difficult terms in advance
- Don't use too many questions to allow enough time for the interviewees to talk about issues important to them



# DEVELOPING A TOPIC GUIDE: STAGE 1

- Interviews
  - Creating a friendly atmosphere
  - Seeking informed consent
  - Introducing the topic / context
  - Interviewer / interviewee
  - No wrong or right answers
  - Recording the interview
    - Consent recorded

- Focus groups
  - Creating a friendly atmosphere
  - Seeking informed consent
  - Introducing the topic / context
  - Introducing the idea of focus group
  - Facilitator / observer / participants
  - No wrong or right answers
  - Differing opinions / experiences / feelings etc.
  - Recording the interview
    - Consent and introductions recorded



# DEVELOPING A TOPIC GUIDE: STAGES 2-3

- Interviews / Focus groups
  - QUESTIONS
    - Create a comfortable atmosphere with the first question(s)
    - Start with general (easy) questions → background, contextual information, definitional questions
    - Continue with more specific (difficult) questions → questioning or discussion is more in-depth, attitudes / perceptions / evaluations
    - Ensure the flow of the questions



# DEVELOPING A TOPIC GUIDE: STAGE 4

- Interviews / Focus groups
  - QUESTIONS
    - Questions looking to the future, suggestions
  - Winding down and finishing on a positive note
  - Summarising / Checking
  - Any additional issues?
  - Thank you! (Any incentive?)
  - Listen for any further ideas / experiences / feelings
  - Information about what happens next / support or help available (if appropriate)



# DEVELOPING A TOPIC GUIDE: FOCUS GROUPS

#### Consider the following when developing a topic guide

- Focus groups are time-limited (60-90 min)
- →time allocation for each question has to be planned
- $\rightarrow$ more time needs to be allocated for discussion  $\rightarrow$  less questions
- The facilitator introduces the topics and the participants discuss the topics between themselves
  - The introductions of the topics can be longer than in interviews
  - Background materials can be used in introductions e.g. pictures, videos of patients talking about how they cope with their medicines, leaflets of new services
  - The participants can be asked to complete an exercise e.g. ranking new pharmacy services in order to start or stimulate discussion



#### **EXAMPLES OF TOPIC GUIDES**



#### PILOTING A TOPIC GUIDE

- Piloting the use of a topic guide may have different purposes
  - Practising interviewing / facilitating focus group interviews and improving one's technique
  - Testing the usability of the topic guide
  - → Relevant questions? Too many / few questions?
  - → Are the questions / explanations understandable?
  - Testing the flow of the topic guide / the introductions
  - Testing the background material / exercise



# DEVELOPING A TOPIC GUIDE: EXERCISE

- Use the research questions and aims developed by the research team in workshop 1
- → Develop a topic guide for an individual interview to be used in the practical experience of interviews
  - Discuss and develop relevant questions to the aims and objectives based on the research team's experience (and previous literature)
  - Select 5-7 questions for an interview that lasts about 20 min, including introductions and conclusions
  - Start with general questions and continue with more specific questions
  - Ensure the flow of the interview by putting the questions in the 'right' order

30 min



#### LITERATURE

- Bowling: Research Methods in Health, 2014
- Miles, Huberman & Saldana: Qualitative Data Analysis, 2014
- Ritchie, Lewis, Naughton McNicholls
   & Ormston: Qualitative Research Practice, 2014

- Silverman: Doing Qualitative Research, 2010
- Smith: Conducting Your Pharmacy Practice Research Project, 2010
- Smith: Research methods in Pharmacy Practice, 2002
- Walker: An Introduction to Health Services Research, 2014





Thank you!