



# ACTIVITY DESCRIPTION FORM (ADF)

Accreditation Council for Pharmacy Education

135 S. LaSalle Street, Suite 4100 Chicago, IL 60603-4810

Phone (312) 664-3575 Fax (312) 664-7008 <http://www.acpe-accredit.org>

**UNIVERSAL ACTIVITY NUMBER (UAN):** 0475-0000-19-037-H05-P

**Provider Name:** European Association of Hospital Pharmacists (EAHP)

Cancel

**Joint Providership(s):** 0000 No Joint Providership (H)

**Activity Type:** Knowledge

**Activity Title:** Therapeutic drug monitoring as a tool for therapy optimisation

**Learning Objectives:**

(Pharmacists)

- At the completion of this activity, the participant will be able to:
- recognise characteristics of drugs that make them good candidates for TDM
  - describe appropriate indications for TDM
  - understand the factors that may affect measured concentrations
  - list and discuss the importance of information needed when requesting drug concentration
  - interpret measured drug concentrations
  - adjust dose based on TDM
  - apply basic concept of clinical pharmacokinetics to TDM
  - understand indications for TDM
  - understand the importance of time sampling
  - understand factors that might affect drug concentrations
  - describe analytical needs for therapeutic drug monitoring
  - understand the importance of pharmacogenomics biomarkers
  - understand the importance of genetic factors in the response to drugs
  - describe a pharmacokinetic model for a drug using terms of Volume of distribution, elimination rate constant, renal clearance
  - explain the error and residual error in the used population model
  - describe the pharmacodynamic properties of beta lactam antibiotics
  - describe the pharmacodynamic properties of aminoglycoside antibiotics
  - describe the pharmacodynamic properties of the fluoroquinolone antibiotics
  - explain why and how TDM should be used in psychiatry and neurology
  - differentiate between therapeutic and dose related reference ranges
  - explain how genotyping may be combined with TDM
  - use TDM for identification of pharmacokinetic abnormalities
  - understand basic clinical pharmacokinetics of oncolytics and immunosuppressants
  - comprehend the rationale for TDM of oncolytics and immunosuppressants
  - understand that TDM software tools affect efficiency not effectiveness
  - understand the interaction between TDM processes, people and tools
  - gain insight in how software tools support the TDM process cycle
  - understand the key components of TDM software tools
  - evaluate TDM software tools current available on the market (long/short list)
  - assess the need for dose adjustment
  - adjust the dose of drugs based on the results of TDM
  - interpret measured drug concentration
  - develop a Plan for therapeutic drug monitoring
  - provide TDM service
  - know how population pharmacokinetic models are developed
  - know how population pharmacokinetic values are calculated into individual values
  - interpret drug concentrations in blood and give recommendations for clinical decision making
  - give recommendations in case of adverse drug reactions
  - find out if low drug concentrations are due to poor adherence or due to rapid clearance
  - decide if the dose should be maintained in spite of high drug concentrations
  - understand current TDM concepts of oncolytic and immunosuppressive agents
  - implement TDM of oncolytics and immunosuppressants
  - interpret measured drug concentrations based on patient's characteristics
  - understand the need for dose adjustment
  - describe the difficulties and solutions for the implementation of a TDM program in an environment of scarce resources
  - describe, present and discuss a business plan to implement such a program in their own hospital setting

**Activity Length:** 5.4 **Contact Hours Or** 0.54 **CEUs.**



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**Target Audience:** Pharmacists

**Home Study Format(s):** Video/Film Recording  
Website (Url [https://learning.bmj.com/learning/course-intro/.html?courseId=10064435&locale=en\\_GB](https://learning.bmj.com/learning/course-intro/.html?courseId=10064435&locale=en_GB))

**Keyword(s):** Administration  
Antimicrobial Stewardship  
Certification  
Drug Dosing  
Drug Information  
Drug Manufacturing  
Education  
Ethics  
Health Literacy  
Infectious Disease  
Managed Care  
Medication Therapy Management  
Metrics  
Monitoring  
New Drugs  
Pharmacodynamics  
Pharmacokinetics  
Safety  
Technology

**Initial Release Date:** 07/25/2019

**Planned Expiration Date:** 07/25/2022

**Originally Submitted By:** Jennie De Greef

**Submission Date:** 04/25/2019

**Last Modified By:** Jennie De Greef

**Modification Date:** 07/24/2019